

CARERS								
Action Number	Key Priorities	Strategy Reference	Planned Actions	Strategic Links	Time Scale	Lead Agency/ Officer	Evidence	Source of financial support
C 1	To promote health improvement for carers, identifying the main health issues affecting carers through the health task and finish group of the Carers APG	C 1.1	To liaise with and encourage Primary Healthcare Services to provide regular preventative health checks for carers	Wales Carers Strategy; Cardiff Carers Plan	Ongoing	Cardiff LHB; Carers APG	<ul style="list-style-type: none"> Establishment of an appropriate monitoring framework baseline data established increasing numbers of preventative healthcare checks on carers undertaken increasing numbers of home visits on carers undertaken increasing numbers of counselling sessions offered 	Funding to be identified
		C 1.2	To liaise with Cardiff LHB to develop a policy on GP home visits for carers and cared for		Ongoing	Cardiff LHB; Carers APG		
		C 1.3	To liaise with statutory partners on the provision of counselling to carers where required		Ongoing	Cardiff LHB; Cardiff Council (Adult Services)		
		C 1.4	To liaise with statutory partners over the potential for provision of manual handling and back care training for carers		Ongoing	Cardiff & Vale NHS Trust; Cardiff Council (Adult Services)		
C 2	To reduce inequalities for carers and promote equal access by continuing to look at ways of ensuring carers from all communities and backgrounds are able to access services to meet their individual needs	C 2.1	To disseminate current equalities research on various carers groups and make recommendations	Wales Carers Strategy; Cardiff Carers Plan	2011	Carers APG; Carer's BME Subgroup	Recommendations published	Funding to be identified
		C 2.2	To continue to support and encourage carers from minority communities to visit service providers to identify ways of adapting services to meet their needs		Ongoing		Increasing numbers of service users from minority communities accessing services	Cardiff Council (Adult Services)

		C 2.3	To work with Adult Services to consider ways of promoting Carers' awareness of their rights and access to services		March 2009	Cardiff Council (Adult Services)	Increasing number of carers assessments undertaken and recorded.	Cardiff Council (Adult Services)
		C 2.4	To work with Childrens Services to consider ways of promoting Young Carers and parent carers awareness of their rights and access to services	Cardiff Young Carers Strategy; Children & Young People's Plan; Young Carer's Strategy	March 2009	Cardiff Council (Childrens Services)	Increase in number of assessments undertaken (either under the Children Act 1989 or Carers and Disabled Children Act 2000)	Cardiff Council (Childrens Services)
C 3 (see also OP 3.1, LD 3.1 and PS 8.2)	Provide appropriate respite, identifying the type of respite appropriate for carers to ensure that their caring role can be sustained	C 3.1	To work with statutory partners to raise awareness and develop the availability and flexibility of short breaks to Carers who are eligible	Wales Carers Strategy; Cardiff Carers Plan; Physical and Sensory Impairment Joint Commissioning Strategy & APG; Older People's Joint Commissioning Strategy & APG	Ongoing	Cardiff Council (Adult Services)	Numbers and appropriateness of short breaks increased	Cardiff Council (Adult Services)
		C 3.2	To work with statutory partners on developing a process to ensure professionals undertaking Carers Assessments include contingency planning to identify potential respite needs		Ongoing	Cardiff Council (Adult Services)	Contingency plans attached to each Carers Assessment.	Cardiff Council (Adult Services)
		C 3.3	To work with statutory partners to ensure that Carer's needs are an integral consideration of Unified Assessment and hospital discharge planning		Ongoing	Cardiff Council (Adult Services); Cardiff & Vale NHS Trust	The need for respite is identified and implemented following Unified Assessment	Within existing resources
C 4	Further develop information to carers, in accessible formats, Plain English, and at appropriate times throughout their caring role	C 4.1	To produce a Carers Information handbook	Cardiff Carers Plan	End 2009	Cardiff Council (Adult Services)	Information pack available to all carers	Cardiff Council (Adult Services - Communications budget)
		C 4.2	To develop information for Carers on Cardiff Council's website and provide links to other organisations		End 2009	Cardiff Council (Adult Services)	Web site available via link from council website	Within existing resources

		C 4.3	To work with health partners to ensure that information for carers is readily available at health locations eg GP surgeries, dental surgeries, Family Planning clinics		Ongoing	Cardiff LHB	Numbers of locations the information is distributed to	Within existing resources
		C 4.4	To work with health partners to ensure that information for carers can be provided in the format requested		Ongoing	All agencies	All requests for different formats are undertaken.	Within existing resources
C 5	Increase the number of carers known to Social Services, in order to facilitate the completion of Carers Assessments	C 5.1	To work with Social Services to ensure that the Cardiff Council's leaflet 'Support for Carers' is available at relevant locations eg GP surgeries, Carers Centre, libraries	Wales Carers Strategy; Cardiff Carers Plan	Ongoing	Cardiff Council (Adult Services & Childrens Services)	Numbers of locations information in distributed to	Within existing resources
		C 5.2	Cardiff Council Carers Development Officer to attend established Carers Forums and Support Groups to inform carers of their right to an assessment		Ongoing	Cardiff Council (Adult Services)	Increase in the number of carers groups/forums attended	Within existing resources
		C 5.3	Cardiff Council Carers Development Officer to attend and support relevant conferences and events and disseminate information for the APG		Ongoing	Cardiff Council (Adult Services)	Attendance where appropriate	Within existing resources
C 6	Increase knowledge and recognition of carers via Carers Awareness Training, particularly through Social Services induction training	C 6.1	To consider making Cardiff Council's Carer Awareness training mandatory for all Adult Services social work staff and to monitor attendance	Wales Carers Strategy; Cardiff Carers Plan	Sept 2008	Cardiff Council (Adult Services)	All social work staff recruited after March 2008 to attend training	Within existing resources
		C 6.2	To develop Carer Awareness training within Cardiff Council's Children Services for recognition of both parent and young carers.	Young Carers Strategy; Children & Young People's Plan	Dec 2008	Cardiff Council (Childrens Services)	All social work staff recruited after March 2008 to attend training	Cymorth

		C 6.3	To work with Cardiff LHB and Cardiff & Vale NHS Trust to consider the delivery of Carer awareness training to healthcare staff	Cardiff Carers Plan	Ongoing	Cardiff LHB; Cardiff & Vale NHS Trust	For Carers issues to be integral to the induction of identified healthcare staff	Funding to be identified
C 7	Implement carer friendly policies within Cardiff Council and Cardiff & Vale NHS Trust and use these as good practice for other Cardiff employers	C 7.1	To monitor the effectiveness of the carer friendly policies already in place.	Wales Carers Strategy	Ongoing	Cardiff Council (Adult Services); Cardiff & Vale NHS Trust	Monitor that carer friendly policies are adhered to; Survey staff regarding the effectiveness of carer friendly policies	Within existing resources
		C 7.2	To raise awareness of the 'Employers for Carers Forum' run by Carers Wales, and encourage statutory partners to attend to share good practice with other organisations in South Wales		Ongoing	Cardiff Council (Human Resources); Cardiff & Vale NHS Trust; Cardiff LHB	Statutory partners to have identified representation for the Forum	Within existing resources
C 8	Identify the most practical and effective ways of involving carers in the planning and development of services	C 8.1	To continue to develop the Cardiff Carers Forum	Cardiff Carers Plan	Ongoing	Cardiff Council (Adult Services); Carers Centre & Carers Forum	Active input into APG	Cardiff Council (Adult Services)
		C 8.2	For delegated APG members to attend other carers forums and support groups where appropriate		Ongoing		Representation and groups identified; Meetings attended	Within existing resources
		C 8.3	To utilise varied methods of consulting with carers and sharing information, eg postal questionnaires, e-mail or internet forms		Dec 2008		Regular feedback and input obtained for consultations	Within existing resources
C 9	To continue to encourage joint working between statutory, voluntary and private sector organisations to provide a range of services to carers	C 9.1	To ensure that the Carers APG and its subgroups has appropriate and regular representation from all partners in order to be fit for purpose	Cardiff Carers Plan	Ongoing	All agencies	Regular representation from all areas and attendance of at least 70% of meetings	Within existing resources
		C 9.2	Identify a lead officer with responsibility for Carer's issues within Cardiff LHB and Cardiff & Vale NHS Trust to act as a contact point to the APG and other organisations		Ongoing		Cardiff LHB; Cardiff & Vale NHS Trust	Appropriate lead officers identified