



MEETING THE CHALLENGE

**THE CARDIFF, HEALTH, SOCIAL CARE AND
WELL-BEING STRATEGY
2005-2008**

ANNUAL REPORT – JULY 2007

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MEETING THE CHALLENGE

The Cardiff Health, Social Care and Well Being Strategy

Annual Report 2006-2007

1.0 INTRODUCTION

'Meeting the Challenge' is Cardiff's first Health, Social Care & Well Being Strategy, developed in response to the statutory requirement placed on Cardiff Council and Cardiff Local Health Board (LHB).

Statutory guidance issued by the Welsh Assembly Government in 2003 required that the Strategy be developed through a partnership approach. In Cardiff the existing Health Alliance, as the key strategic partnership for health, social care and well being, was considered the appropriate partnership forum to direct the work in developing the Strategy, on behalf of the statutory partners.

An inclusive and robust consultation process was conducted as part of the development of the Needs Assessment and the Strategy, to inform the content and identify local priorities of the Strategy. The key priorities were agreed as:

- Mental Health
- Older People
- Children and Young People
- Communities with Specific Needs
- Improving Lifestyles
- Maximising the use of Health and Social Care Resources

Underpinning the priorities were the following principles:

- The need to reduce inequalities in health
- Engagement with, and empowerment of, individuals and communities
- Early intervention
- Whole systems approach
- Links to other services to ensure health and well being needs are taken into account

'Meeting the Challenge' was published in April 2005. It attempted to address the health and well being needs of the residents of Cardiff and recognised the specific issues faced by Cardiff as the Capital City of Wales. A summary document was published in a range of community languages reflecting the diversity of Cardiff, and was made available on the Health Alliance web site, in addition to the statutory partners' sites, thus facilitating communication to the wider population.

The HSC&WB Strategy Unit was discontinued following the publication of the Strategy and as a result the Health Alliance had limited capacity to co-ordinate and monitor the Strategy's implementation. This deficit has since been recognised and the statutory partners agreed to establish a Health Partnership Team in 2006.

2.0 PARTNERSHIP WORKING

The implementation of the HSC&WB Strategy has focused attention on the need for effective partnership working and as a result, there has been some review and strengthening of partnership working in Cardiff during 2006. The statutory partners recognised the need to move towards increased integration of social care and primary health care in order to provide cost effective, seamless services for service users and carers. There has been further development of joint commissioning and utilisation of the established strategic health and social care framework.

2.1 Cardiff Health Alliance

The Health Alliance is the key strategic health and social care partnership in Cardiff with local authority, health services and voluntary sector membership. The initial focus was to consider factors which contribute to health and health gain, and reducing inequalities in health. The Alliance established task groups to take forward the priorities identified for Cardiff. Overtime the Health Alliance in response to WAG policies and initiatives, in particular the responsibility to develop and implement a HSC&WB Strategy on behalf of the Council and LHB, widened its scope to focus more on health and social care services. Consequently, the Alliance now provides the forum for strategic liaison between partner organisations on a range of health, social care and well being issues. Current key functions include the direction and monitoring of the work around:

- Health, Social Care and Well Being Strategy
- Review of Health and Social Care (Wanless Local Action Plan)
- Joint Working Special Grant programme (Flexibilities)
- Health Challenge Wales

In 2006 there was recognition that the Alliance's attention had moved from a health improvement and inequalities agenda to focus more on health and social care services. In an attempt to redress this balance a series of meetings were held to review the focus of the Alliance and also re-energise the group's involvement in well being activities. There was acknowledgement of the importance of prevention and the extensive good work taking place at community level across Cardiff. In addition, it was highlighted that nearly all such project work would end during 2007, due to the short-term funding nature of these initiatives, and concern was expressed over

the deficit this would create. There was agreement that work would continue at a strategic level and there would be consideration of how best to bring health improvement into core work wherever possible. In addition, new funding opportunities would be sought.

2.2 Strategic Commissioning Group

The Cardiff Health Alliance delegated the responsibility for the HSC&WB Strategy implementation process to the Strategic Commissioning Group (SCG), a multi-agency forum of organisations involved with the planning of health and social care services for adults in Cardiff. The key purpose of the group is 'to ensure that the Health Social Care & Well Being Strategy is developed, implemented and monitored in line with the agreed objectives of the commissioning authorities,' (SCG Terms of Reference 2006.)

The SCG provides the leadership and direction to a range of Advisory Planning Groups (APGs). The Chairs of the APGs are constituent members of the SCG. These multi-agency groups are tasked 'to ensure the efficient and effective joint planning of agreed health and social care services for relevant service user groups, as expressed within the Health, Social Care & Well being Strategy, meeting need at an individual and population level in the medium and long terms,' (APG Terms of Reference 2006.)

During 2006-07 the SCG reviewed the work of the APGs, receiving presentations from each APG on their work stream, progress and issues. In addition, direction has been given to the APGs in the preparation of the HSC&WB Strategy Annual Report and the next HSC&WB Strategy 2008-11.

Key areas of work considered by the SCG during 2006-07 have included:

- Overseeing the establishment of the Health Partnership Team
- Monitoring the progress of the Learning Disability Re-Procurement Project
- Overview of the use of the Joint Working Special Grant
- Overview of the development of the Language & Communication Strategy
- Further development of service user involvement and the development and adoption of Basic Principles of Engagement
- Integration of APG priorities into the Programme for Health Service Improvement
- Consideration of the draft for consultation 'Fulfilled Lives, Supportive Communities,' 2006
- Consideration of the consultation on Draft Guidance and Draft Regulations Health, Social Care & Well being Strategies (Wales) (Amendment) Regulations 2007
- Telecare Capital Grant Bid
- Development of the Older Persons Accommodation Strategy
- Development of the Joint Equipment Service

The effectiveness of the SCG and the relationship with the APGs was considered as part of the review, with the aim of improving communication and ways of working. It was identified that there was a need for strong leadership to be provided by the SCG and the relationship between the groups needed to be strengthened. Terms of Reference of both the SCG and the APGs were reviewed. There was recognition that that it would not be appropriate to adopt a 'one size fits all' approach, and there was an acknowledged need for a common framework which included implementation plans, shared objectives and monitoring. In addition, the importance of cross-cutting issues was recognised and the value of sharing best practise across APGs was highlighted. The APGs agreed standard Terms of Reference with a template that allowed them to customise the terms to suit the individual APG's requirements.

A parallel structure to direct the joint commissioning of services for children and young people was established as the Children's Joint Commissioning Group in May 2006. This Commissioning Group oversees the development of jointly commissioned services, exploring opportunities for pooling budgets, lead commissioning and resource transfer between agencies and reports to the Children and Young Peoples Partnership Framework Board (CYPPF).

2.3 Health Partnership Team

The need for co-ordination and support of joint working and the processes around the Health Social Care and Well Being Strategy was recognised by the statutory partners and the Health Partnership Team was established during the first half of 2006. The formation of such a team demonstrated the commitment to collaborative working by Cardiff Council and the Local Health Board. Funding has been provided by the Council, and grants, notably the Joint Working Special Grant. The team has been fully operational since December 2006 and includes the following officers:

- Health Partnership Manager
- Health & Well being Co-ordinator
- Joint Commissioning Project Officer
- Joint Commissioning & Service User Project Officer
- Senior Administrative Officer
- Administrative Officer
- Well-being Project Officer
- Walking for Health Co-ordinator

The Team provides the support to the strategic fora including the Health Alliance, SCG and APGs. The primary role is facilitation to assist and support a wide range of activities in the broad health arena. Key areas of focus for the Team in the first year of operation have been:

- The development of robust monitoring processes for the Health Social Care & Well Being Strategy implementation and engagement of wider stakeholders in the implementation progress
- Review of APGs' objectives, Terms of Reference and development of Operating Principles guidance
- Support to the strategic health and social care forums
- Conducted an options appraisal on service user engagement and developed Basic Principles of Engagement criteria
- Re-established the Sexual Health APG
- Planning the establishment of an APG for Gypsies & Travellers
- Developing an options appraisal for the Language & Communication Strategy
- Cardiff Food and Health Strategy which has involved the establishment of a Food & Health Network; consultation response to Appetite for Life; Health Impact Assessment workshop on Food in Schools
- Cardiff Physical Activity & Health Strategy, involving the review of the Strategy, action plan and implementation structures
- Walking for Health including expansion of programme; local evaluation of scheme; end of project report; production of independent walk packs; successful funding application to Sports Council for 'Walk in Wales' grant
- Participation in Smokefree Cardiff Strategy
- Participation in mental health promotion group
- Strengthened links between the HSC&WB Strategy and the Community Strategy, CYPPE, and the Voluntary Sector Compact
- Assisted in the development of an Integrated Assessment Tool for use within the Council
- Promoted health and well being agenda across the Council.

In addition, agreement was reached to recruit a Children's Commissioning Manager, but to date recruitment difficulties have prevented an appointment being made. The WAG has consulted on guidance to produce single Children and Young People's Plans (CYPPs) from 2008 and the Cardiff Children and Young People's Partnership is reviewing its planning and commissioning framework in order to meet the new requirements. The support arrangements are forming part of this review and provide an opportunity to explore closer links between the joint working mechanisms and processes for the HSCWBS and the CYPP.

2.4 Cardiff Voluntary Sector Compact

Following the launch of a tri-partite Voluntary Sector Compact in March 2006, between the voluntary sector, the NHS and Cardiff Council, the opportunities for optimising the voluntary sector's role in the health, social care and well being agenda have increased. The findings of a multi-agency Compact Task and Finish Groups on Commissioning and Volunteering are expected to assist with clarifying and developing the voluntary sector's future role in contributing to public service delivery. Progress made in other Compact activities such as those relating to partnership working and consultation will also positively contribute to the development and implementation of all of Cardiff's major strategies.

2.5 Building Strong Bridges

This Welsh Assembly initiative plays an important role in promoting voluntary sector involvement in planning and delivering services. The aim is to identify opportunities to strengthen partnership working at national and local levels. The Health and Social Care Facilitator, funded by the Assembly, via the Local Health Board, is based at Voluntary Action Cardiff. The remit includes actively engaging the voluntary sector in the preparation of strategies and as such the Facilitator works closely with statutory partners in the development of the HSC&WB Strategy.

Key areas of focus in the last year have been:

- Developing and facilitating a Partnerships Training Programme for voluntary sector representatives, and potential representatives, on joint planning groups.
- Working with the Health Partnership Team to re-establish the Sexual Health APG.
- Ensuring a voluntary sector input into the 2006 Review of APGs' objectives and Terms of Reference.
- Presentation of a voluntary sector Conflict of Interest paper which was approved by the SCG in June 2006.
- Co-ordinating elections in 2007 for voluntary sector representatives to the Cardiff Health Alliance.
- Jointly organising, with Adult Services, a workshop for the Learning Disability Advisory Planning Group.
- Co-ordinating consultation responses to the Assembly's Strategy for Older People in Wales and Fulfilled Lives, Supportive Communities and the Council's Commissioning Strategy for Older Peoples' Accommodation.
- Organising an event, 'Need We Say More?' in June 2007 to highlight achievements under the current Strategy and ensure voluntary sector input into the next Strategy.
- Introducing a workshop for voluntary organisations, 'Get Involved in Health and Social Care Planning,' to outline the ways in which they can get involved and encourage a voluntary sector contribution to joint planning.

2.6 Local Service Board

Increased partnership working including the collaborative development and implementation of the first HSC&WB Strategy, the Voluntary Sector Compact and the establishment of the Proud Capital Vision Board resulted in a strong commitment and foundation to partnership working in Cardiff and recognition of the principles and benefits of effective partnership working. The Beecham Report¹ on citizen centred local services then highlighted the potential opportunities to be gained by more effective partnership and collaborative working.

As part of the response to 'Beyond Boundaries,'¹ the Welsh Assembly Government invited expressions of interest from local areas to become Local Service Board development project sites in 2007-08. Cardiff's Local Strategic Partnership, the Proud Capital Vision Board submitted a proposal and was successful in this application.

¹ Beyond Boundaries – Citizen Centred Local Services for Wales, Report to WAG, June 2006

New Local Service Board (LSB) partnership structures have been established:

- Proud Capital Forum providing vision and strategic leadership
- Executive Local Service Board providing systems and strategic management
- 'Cardiff Connections,' the Operational Forum providing operations and implementation.

Appendix 1 illustrates the Cardiff LSB model of partnership working, providing details of membership and roles/relationships of the three groups.

The projects for the first year of LSB operation are designed to build on the partnership initiatives that have been successful in Cardiff in recent years:

- Connect-2-Cardiff (C2C), the Out-of-Hours Service and the Single Non-Emergency Number (101)
- The roll out of the neighbourhood policing model and expansion of police community supports officers in all communities
- New care pathways that have led to the reductions in waiting times
- Crisis intervention in relation to people experiencing mental health problems
- Multi-agency neighbourhood renewal initiatives.

Two development programmes have been agreed:

1. Transforming Neighbourhood Services, based on Communities First areas, the project will aim to support the development and implementation of new models to support responsive service delivery aligned to community priorities.

2. Integrated Health & Social Care which will focus on preventative and community-based services to reduce dependence on institutional care. This will involve the development of an integrated approach to the provision of health and social care services that enables seamless services that maximise the efficient use of resources. The new approach will include:

- A joint commissioning strategy for long-term care with pooled budget arrangements
- Value for money commissioning within the independent sector
- Improved processes for discharging patients from NHS facilities
- Extended range of intermediate care options to maintain patients within the community
- Extending the role of the current Delayed Transfer of Care team for mental health services.

In addition two projects will be taken forward in the first year to consider:

3. Scrutiny, Accountability and Performance Management. The development of robust and appropriate mechanisms to support the partnership structure of the LSB.

4.' Ask Cardiff,' a Making the Connections bid to consider a partnership approach to citizen engagement and consultation. This will include work to develop a co-ordinated approach to citizen engagement panels, the establishment of a set of information sharing protocols, an online Data Observatory, an annual Cardiff Services Survey and the expansion of the Councils eCONSULT system to include public sector organisations.

These programmes represent a new way of working across the public sector in Cardiff, with ambitious, innovative ideas which will impact on the quality of life of Cardiff residents. The recognition of the importance of health in the whole partnership agenda is a major achievement and the willingness of the partner organisations to work together to tackle the 'wicked issues' provides opportunities and will ensure success.

In the first year the Integrated Health programme will concentrate on the Delayed Transfer of Care (DToC) strand. The approach recognises that DToC is a community issue and can only be resolved through a collaborative approach, which will include the need for joint commissioning of long-term care.

The role of other strategic partnerships has to be considered with the establishment of LSBs. Partnership structures and responsibilities will be reviewed as part of the pilot process. However, the Health Alliance during the pilot year of the LSB, will remain as the strategic health partnership, taking forward related work on behalf of the LSB and in particular the development of the next HSC&WB Strategy. The Alliance will report regularly to the Executive LSB on progress relating to the Strategy and other key areas of work.

2.7 Other strategic partnerships

The formation of the pilot LSB structure has helped reinforce the links between the strategic partnerships in Cardiff. The Health Alliance, CYPPF and Community Safety Partnership all have complex agendas with some overlap and correlation between them. Therefore the need to work together and share information, progress and best practise has been recognised and relationships were being strengthened in advance of the LSB, which has brought added value to this approach.

3.0 JOINT COMMISSIONING OF HEALTH AND SOCIAL CARE

The HSC&WB Strategy has been implemented through the joint commissioning framework of the Council and LHB with the Advisory Planning Groups responsible for implementation, monitoring and review arrangements within their area of specialism. The second year of the Strategy implementation period has brought continued good work, and progress by all APGs, which is detailed in the Implementation Progress Reports developed by the APGs. (See Appendix 2)

3.1 Key Achievements

The key achievements of the APGs during the year are highlighted below:

Promoting Health, Preventing Disease

The effective partnership working across the statutory and voluntary agencies resulting in substantial public awareness of 'No Smoking Day 2007' and the successful implementation of the ban on smoking in public places

Acute Services and Management of Chronic Disease

- Achievement of key access targets for in-patients, outpatients diagnostics and therapies (as detailed in the report)
- Review of palliative care in Cardiff

Mental Health

- Work on the second Crisis Resolution and Home Treatment Team started in June 2006, resulting in all areas of Cardiff having access to the new Crisis Service and enabling the closure of a ward at Whitchurch Hospital. The Crisis House, a partnership between Health and Gofal Cymru and the first of its kind in Wales, opened in August 2006. The Crisis Recovery Unit, the third and final component of the Crisis Service, opened in May 2007.

Older People

- City-wide Short Term Assessment and Response Team (START) established.

Children and Young People

- Major progress has been made by the C&YP Partnership this year in joint work to mobilise partner organisations' resources so as to benefit children and young people. This is evident in;
- Prioritisation and planning (e.g. work on the National Service Framework)
- Real delivery through multi-agency strategies (e.g. on Family Support or Young Carers)
- The setting up of the mechanisms to enable joint commissioning.

Physical Disability and Sensory Impairment

Development of day services from a day centre based model to a community day services model.

Learning Disability

Re-commissioning Learning Disability Supported Living Services.

Carers

The support for minority ethnic carers at UPNA was increased to weekly contacts in two areas of the City.

Prison Health

Implementation of primary mental health services in line with WAG Mental health care pathway for prisons.

Substance Misuse

The establishment of a joint Substance Misuse Commissioning Group which has commissioned a population needs analysis that will inform the development of a commissioning strategy.

Homelessness

The elimination of the use of bed and breakfast establishments.

Asylum Seekers

- Awarded new 5 year Home Office contract through competitive tendering process.
- Successful implementation of new contractual arrangements.
- Successful BSI inspection.

Sexual Health

- Sexual Health APG re-established.
- The Cardiff condom-card scheme has been expanded and developed across targeted areas of the city and particular focus has been placed upon targeting vulnerable young people.

3.2 Progress on Joint Working Initiatives

Implementation of the suite of joint commissioning strategies has continued. A Commissioning Strategy for Learning Disabilities has been developed, and a Strategy for Sensory Impairment is in final draft. In addition, progress has been made on a range of joint working initiatives:

3.21 Joint Equipment Store

- Two joint contracts required to support the work of the Joint Equipment Store (JES,) a maintenance contract for hoists etc. and a cleaning/refurbishment contract for community equipment were awarded. Both organisations now use the same companies under the same contracts for this work.

- The second stage of the Joint IT management system was implemented and both organisations are using this shared system to manage their home loans service. Occupational therapists have been placing orders “on-line” and this will be extended to the Trust’s District Nursing teams. The system now records ALL equipment issued and collected for both organisations.
- An ‘Online’ catalogue of standard equipment has been established for all practitioners to access.
- A successful application to the All Wales Capital Fund will be used to support the establishment of an integrated
- Final details of the service have been agreed for the signing of the Section 31 agreement. The Trust’s continence service will be included and negotiation is underway to extend the IT system to facilitate this addition.

3.22 Unified Assessment

The Unified Assessment (UA) process will provide a common framework for assessment and service planning. The process has now been totally integrated with other assessment processes e.g. Continuing NHS Healthcare and NHS Funded Nursing Care, in conjunction with Fair Access to Care Eligibility Criteria. Individuals are now able to have one assessment which will determine whether they have needs that are eligible for care provision, and how this care will be delivered and by whom. Individuals are requested to give consent for information obtained throughout the assessment to be shared with professionals from multiple organisations involved in the delivery of their care.

The challenge for UA in 2007/8 is to ensure that staff from all partners use the process, involving a shift in culture and the use of new systems. To support UA, a major upgrade to CareFirst and the introduction of CareAssess electronic forms will be implemented in 2007/08 and work has started on the introduction of CareFinance.

To support the process and to facilitate the need to move the documentation to become individual held records, an electronic system is being developed, which will provide access to information for both health and social care within the inpatient setting. Training is shortly to commence to support the transfer of District Nursing Records to the Unified Assessment process and this will be fully implemented in the autumn of 2007. Work is currently being undertaken to open access to Telecare services for health, and also to look at initiatives between Telecare and Telehealth for future development.

3.23 Procurement of Learning Disability Services

In 2005, the Joint Commissioning Strategy for adults with a learning disability was developed. The strategy set out a vision for how services would be developed over the three year period and an agenda for changing the focus of services to achieve:

- The development of a range of modernised, efficient services to achieve better outcomes for people who use services and ensure that their assessed needs are met
- Investment in good quality services
- Efficient procurement that enables commissioning bodies to manage within budgets.

Agreement was reached and the following services prioritised for procurement:

- Supported Living Services
- Flexible Support Services
- Emergency Accommodation Services
- Respite Care Services.

The tendering process for Supported Living Services and Emergency Accommodation Services has taken place and after a robust evaluation process, contracts awarded to commence July 2007, with interim arrangements leading up to the contract commencement. The tender process for the remaining elements of services will be initiated in 2007- 08.

4.0 HEALTH & WELL BEING

The Health Alliance has continued in its role overseeing health improvement and tackling health inequalities in the city. Key areas of work progressed during the year have included:

- Smokefree Cardiff Strategy
- Food and Health Strategy
- Physical Activity and Health Strategy
- Walking for Health
- Mental health promotion action plan

4.1 Smoke-free Workplaces and Public Places

A key area of work in Cardiff during the year has been the preparation for the smoking ban in Wales.

Cardiff Council established a new multi-disciplinary Health Improvement Team based within the Public Protection section of Strategic Planning & Environment Service with additional funding provided by Welsh Assembly Government in advance of the smoking ban. This Team took the lead in raising awareness with businesses and the general public in advance of the ban, and then carrying out proactive enforcement and responding to complaints once the ban has been introduced.

A Communications Strategy was developed for implementation of the ban, covering a range of activities such as press releases and articles, business mailings, free information seminars and the use of routine and targeted visits to businesses in advance of the ban.

The initial approach to enforcement was to be non-confrontational and to raise awareness and understanding around the reasons for the introduction of a ban, and ensure compliance with the new legislation. Although the main purpose of the ban is to protect the health of employees and the public from the harmful effects of second-hand smoke, experience elsewhere suggests that the ban would also prompt many smokers to try and give up. The Team works closely with other partners in the Smoke Free Cardiff

Partnership to ensure that appropriate smoking cessation support is available and promoted to businesses. Smoke Free Cardiff has also developed a free Smoke Free Toolkit to support businesses becoming smoke-free.

For further information: smokefree@cardiff.gov.uk.

4.2 Food and Health

One of the aims of the Food and Health Strategy action plan was to establish a network to provide the opportunity for those working in food and health related areas to meet to share information, best practice, and learning opportunities. The Cardiff Food and Health Network was launched in May 2006 with the aim of providing a co-ordinated approach to food and health across the city. It is a partnership between a wide range of organisations and individuals within the NHS, Local Authority and Voluntary and Community sectors, who have an interest in food and health. The focus of the Network is to collaborate on the food and health agenda and provide an opportunity for people working on food issues to come together to share information and resources.

The purpose of the Food and Health Network is to:

- Act as a representing body with a joined up approach to Food and Health
- Provide a co-ordinated and structured approach to the implementation of the Cardiff Food and Health Strategy
- Tackle inequalities in health by empowering vulnerable social groups in Cardiff who are more likely to suffer from poor diet and nutrition
- Link to other lifestyle initiatives e.g. physical activity and health
- Provide a forum for a shared voice to take consistent messages forward
- Act as a corporate body to endorse appropriate awards
- Act as a corporate body supporting funding applications
- Develop a communication network
- Consult with the wider stakeholders on relevant issues.

The Food and Health Strategy Development Group has been actively engaged in taking forward the emerging agenda of 'Appetite for Life' (AfL), the Welsh Assembly Government's proposals for a whole school approach to food. Activities have included:

- The Food and Health Network developed a consultation response to AfL on behalf of the Health Alliance
- A workshop was held using a Health Impact Assessment approach to consider 'Food in schools,' involving broad stakeholder involvement
- Appetite for Life Implementation Group has been established to help support schools in the implementation of proposals of AfL.

4.3 Developing agendas

In addition, there have been new developments in the approach to the partnership working across the city on health improvement and reducing health inequalities, which offer exciting opportunities and potential:

4.31 Healthy City

In an attempt to improve the health of the public in Cardiff it has been proposed that Cardiff adopts the World Health Organisation (WHO) Healthy Cities approach. This programme engages local government in health development through a process of political commitment, partnership-based planning and innovative projects. The emphasis is on health inequalities and urban poverty, the needs of vulnerable groups and the social, economic and environmental determinants of health.

The work requires high level collaboration, which embraces all sectors and thereby all health determinants. The proposal has been taken for discussion to the Proud Capital Vision Forum by the Public Health Director and has been accepted and included in the Proud Capital Community Strategy 2007-17, providing the opportunity to incorporate health improvement in Cardiff's strategic approach for the next ten years.

The Healthy Cities approach will provide the framework to which multiple existing collaborations, projects and initiatives can be linked across many different health determinants including work within the Health Social Care and Well being Strategy, the Children and Young People's Plans, the Physical Activity and Health Strategy, the Food and Health Strategy and Smokefree Cardiff Strategy.

The proposal has been welcomed by partners and the next steps will be the development of a formal application to WHO and a programme of action to support this approach.

4.32 Obesity

An additional area of focus, at a strategic level, has been around obesity. Recognition of the increasing nature of the issue prompted the need to raise awareness of the seriousness of the problem with a broad range of partners. A survey conducted on behalf of the Health Alliance, through Cardiff Council, in July 2007 highlighted the level of overweight and obesity, and provided local illustration of the problem.

The need for public policies providing prevention and action has been recognised if the city is not to become 'obesogenic' in the future. The proposal to arrest current obesity trends has been agreed as a programme within the Healthy Cities approach, through delivering interventions, initiatives and policies in the key health promotion action areas. The scope of the work will need further discussion but initial considerations include:

- The creation and maintenance of more safe spaces for incidental and planned physical activity
- The provision of facilities and schemes to promote safe play areas, cycling and walking
- Ensure buildings and spaces are designed to encourage people to become more physically active
- The promotion of healthy workplace and schools
- The inclusion of impact on health of new planning developments and schemes

- The developments of interventions aimed at weight reduction or weight management in overweight or obese people. This work will link with the Food & Health Strategy and Physical Activity & Health Strategy developed by the Cardiff Health Alliance.

5.0 WALES AUDIT OFFICE REVIEW OF THE HEALTH SOCIAL CARE AND WELL BEING STRATEGY FOR CARDIFF

As part of 'Securing Improvements 2', the Wales Audit Office (WAO) conducted an audit of each local authority in relation to health. The HSCWB Strategies provided the focus of the review of local authorities and their role in the whole systems approach to health improvement in Wales. The audit was conducted in October 2005 and examined whether the Health Social Care and Well being Strategy and Partnership (i.e. Health Alliance) would deliver long-term health reform and improvement in health, social care and well-being in Cardiff. Documents were reviewed, interviews conducted with key players within Cardiff Council and Cardiff Local Health Board (LHB), and surveys carried out of the County Voluntary Council, the Community Health Council and of citizens, and service users.

The final report was published in November 2006 and concluded that Cardiff Council and LHB have made a major move forward in establishing a formal partnership agenda for these issues and the partners had concentrated on engaging the local community in the development process. It recognised that momentum had been lost when the Strategy Unit ended and the impact this had on the implementation and monitoring plans to support the Strategy.

The recommendations were:

1. An implementation plan is established as a matter of urgency
2. Joint Strategy performance management arrangements are developed
3. The Children and Young People's Partnership is more effectively integrated into the HSCWB Partnership arrangements
4. Those who provide leadership in the context of the Strategy review how best to focus their support
5. The financial context for the Strategy is clearly set out
6. A policy for the resolution of conflicts is developed.

The statutory partners have taken on board the report and have worked in addressing all the issues raised.

6.0 HEALTH SOCIAL CARE & WELL BEING STRATEGY – DELIVERING THE CHALLENGE

The statutory partners had themselves reached some of the conclusions of the WAO ahead of the report and had decided to establish the Health Partnership Team (para. 2.3). An initial task for the Team was the production of the HSC&WB Strategy Annual Report to WAG. Whilst the requirement was for a brief overview of progress, the opportunity was taken to develop a more extensive report which would provide a simple implementation and monitoring tool, bringing together progress of the first year and plans for

the following 2 years. Whilst recognising that this was not a robust performance management framework, it was considered appropriate to the task and needs of the organisations. The existence of annual business plans to support the operations of both the local authority and the LHB was taken into account and agreement reached that these provided adequate performance management rigor to manage the delivery of the Strategy, and the Annual Report would provide the overview of progress.

Monitoring in 2006-07 has therefore taken place via the production of the Annual Report, with full involvement in the process by the Advisory Planning Groups (APGs). In addition, each APG has presented on their progress, plans and issues to the Strategic Commissioning Group and this will be repeated as an annual reporting mechanism.

Feedback to the wider stakeholders has been in the form of an event, 'Delivering the Challenge' held in October 2006. The purpose of the event was to link with stakeholders on the implementation progress and achievements during the first half of the Health Social Care and Well being Strategy period (2005-08) and a wide range of stakeholders were invited (471) from a cross section of interested agencies and included consultees from the development of the Needs Assessment and Strategy in 2003/04.

The programme highlighted achievements and featured presentations on progress around mental health, and children and discussed the associated challenges of implementing the Strategy. Presentations were given on the Needs Assessment, the health improvement agenda and related initiatives in Cardiff. A 'Question & Answer' Panel session was held to provide stakeholders the opportunity to debate key issues with senior officials of the Council and LHB. The second half of the programme gave delegates the opportunity to discuss plans and progress with representatives of the different client group focused APGs, which encouraged two-way information exchange between the stakeholders and representatives of APGs, Cardiff Public Health Team, CYPP, Health Partnership Team and HM Prison Service. The representatives had 'stalls' with poster presentations and information literature. The resultant networking/information exchanges allowed for updates on the progress of addressing priorities of the Strategy and future implementation plans and feedback forms were available for each client group. General feedback on the event was very positive, and evaluation forms indicated that people found the event 'stimulating,' 'informative' and a general success.

6.1 'Need We Say More'

The Cardiff Health and Social Care Network held an event, 'Need We Say More' in June 2007 to consider the progress of the first Strategy and the development of the next HSC&WB Strategy. The programme included presentations, workshops and a 'Q&A' Panel session. About 50 delegates attended, representing approximately 40 voluntary sector organisations and discussion produced some very useful feedback and comments. Evaluation of the event was positive.

Full details of the implementation progress and planned areas of focus for the third year are detailed in the tables attached, appendix 2. These provide a summary of the implementation that has taken place up until April 2007 within specific service areas.

7.0 THE NEXT HEALTH SOCIAL CARE AND WELL BEING STRATEGY 2008 -2011

7.1 Strategy Steering Group

In order to plan the development of the next HSC&WB Strategy, the Strategy Steering group was reconvened with membership from Cardiff Council Adults and Children's services, LHB, NPHS and the voluntary sector with the Director of Nursing, Cardiff LHB chairing the group. The group has made good progress in the preparations towards the next strategy including:

- Planning key milestones and timetable for the strategy development, approval and publication
- Consultation on the draft guidance and regulations of the HSC&WB Strategy 2008 -11
- Procedure of Co-operation reviewed and distributed to partners
- Briefing presentations to strategic partnerships
- Vision setting workshop held for senior officers of the Council and LHB
- Briefing and development workshop for APG Chairs
- Agreement by the Health Alliance that the next Strategy would follow the priorities and approach of the 2005-08 Strategy
- Equality Impact Assessment Training arranged for APG Chairs
- Documentation format of the next strategy agreed.

The Health Alliance has agreed that the next Strategy will be developmental, recognising that the vision of health and social care of the future requires a whole system approach and radical change. This can only happen over time and through a staged approach. Therefore, it has been agreed that the Cardiff HSC&WB Strategy for 2008-11 will build upon the first Strategy. Recognising that the priorities have not changed significantly, and whilst good progress has been made across the work streams identified for 2005-08, there is still much to do. This will be reflected through the Cardiff HSC&WB Strategy 2008 -11.

7.2 Needs Assessment

The Needs Assessment (N.A.) update is under development, led by the Director of Public Health, with input from:

- National Public Health Service and
- Cardiff Research Centre.

The needs assessment for the HSC&WB strategy will provide some high level information for the Single Children's and Young People Plan, but a parallel assessment process to provide detailed data for Children's service planning is being commissioned from Cardiff Research Centre by the Children and Young Peoples Framework Board.

7.3 Children and Young People

There are concerns that the change in timetable for the Single Children's Plan will delay the development of priorities and actions to take forward the health, social care and well being of children and young people in Cardiff. The need for synergy across strategic plans is critical, and the delay in the Children's Plan will result in a less comprehensive chapter within the next HSC&WB Strategy.

Likewise the different timescales for the Substance Misuse Action Plan, Older Person's Strategy, Carers Strategy and Homelessness Strategy will impact on the comprehensive nature of these elements of the HSC&WB Strategy 2008-11.

7.4 Consultation

New opportunities for consultation around the next strategy are being considered and a programme of consultation is being developed by a multi-agency task and finish group established to consider the scope and opportunities presented by the consultation period.

8.0 PROGRAMME FOR HEALTH SERVICE IMPROVEMENT

A key element of the next strategy will be the Programme for Health Service Improvement (PHSI) which will be informed by the priorities of the HSC&WB Strategy and will encompass the strategic plans for the delivery of acute services and the management of chronic diseases.

PHSI is a joint programme between Cardiff and Vale NHS Trust, Cardiff Local Health Board and the Vale of Glamorgan Local Health Board. There are strong links with the Voluntary Sector, the two local authorities and other organisations including Health Commission Wales (Specialised Services) and Community Health Councils. The Programme has been developed in response to the Welsh Assembly Government's 10 year plan for NHS Wales 'Designed for Life', which aims to achieve a 'World Class Service' in Health and Social Care by 2015.

The Strategic Outline Programme (SOP) which was submitted to the Welsh Assembly Government at the end of November 2006 sets out a challenging vision for health care services that envisages:

- A strategic rebalancing of services through the development of primary and community based services that focus on promoting health, well being and independence
- The development of high quality rehabilitation and reablement services
- Improved access to unscheduled assessment and treatment based on need
- Improved access to high quality, efficient and responsive hospital based services.

A significant amount of progress has been made:

Clinical Planning Groups have been established to develop new clinical models and to drive service change. The clinical pathways which are being developed include:

- Care of patients with long term conditions focussing on the development of locally based services to support people in maintaining their health and independence

- Care of those requiring rehabilitation and intermediate care, helping people to maintain or regain their independence and remain safely in their own homes where possible
- Improving access to unscheduled care, ensuring that assessment and appropriate care planning can take place as early and locally as possible and that alternatives to admission are comprehensive, accessible and understood

Several workshops have taken place to inform stakeholders of the proposed changes, which have been extremely fruitful in sharing information and gathering opinion on work to date. In view of their success, further workshops will take place as part of ongoing stakeholder engagement and consultation.

Many of the suggestions and improvements that have been suggested by staff and service users do not require further formal public consultation, and these are already underway. For example:

- Improving access to primary and hospital based services
- Improving communication and information about what services are available
- Implementing agreed service developments in line with previous public consultations including mental health service developments, services for women and children, and the development of services for Central and Eastern Cardiff residents at Cardiff Royal Infirmary.

In summary, the Programme for Health Service Improvement aims to support a new approach to service improvement in Cardiff and the Vale of Glamorgan that will result in real improvements for patients, their families and carers. It will seek to rebalance services to meet local need, focusing on the development of primary and community based services to support people in maintaining their health and independence. It will also drive forward opportunities to improve access to emergency care and planned hospital care to provide good quality, efficient and responsive care.

9.0 CONCLUSION

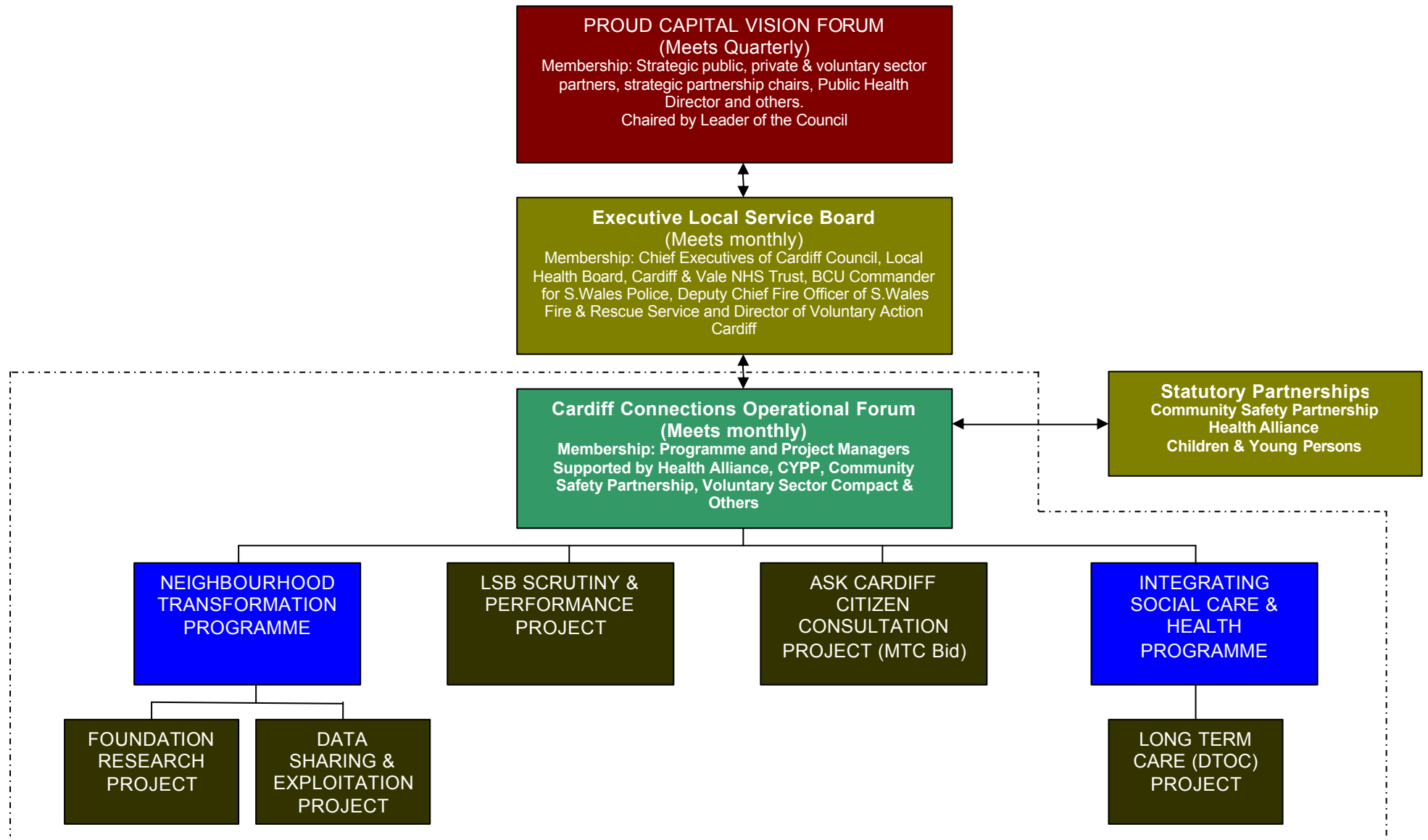
The second year of implementation of the Cardiff Health Social Care and Well Being Strategy has seen much progress across the scope of the Strategy. Partnership working has continued to mature and the APG's have become effective planning groups where there is full partnership representation, strengthened by support from the Health Partnership Team. This has assisted in the implementation and monitoring of the HSC&WB Strategy and will facilitate the process of developing the next HSC&WB Strategy and ensure it is an inclusive process.

The period has seen health and social care services and health improvement initiatives move towards a period of major change. Financial pressures on all organisations have required rationalisation and review of service provision and will continue to impact on the ability of statutory partners to deliver and develop services. The Programme for Health Service Improvement is under development and has the potential to bring transformation in the way health services are delivered across Cardiff. In Social Care,

Improvement Plans are in place to drive the local authority approach and include a focus on specific projects to bring improved outcomes. The end of short-term funding for many health improvement and health inequalities projects has seen examples of best practise in community health development finish with only limited elements being sustainable. The termination of so many excellent projects in Cardiff, demonstrating real change in the health and well being of communities, brings disappointment and raises concerns. However, the proposal to work towards Healthy City status presents major opportunities to bring a co-ordinated approach to health improvement across the city. The timetable for this new methodology will not fit with the development of the next HSC&WB Strategy but will impact on the implementation period and present further challenges and prospects for partners to embrace.

As the focus moves to the development of the next Health Social Care & Well being Strategy, there is recognition that the task becomes more complex and demanding. The range of pressures on all sectors, the conflicting timetables and drivers, the plethora of strategic plans and directives make partnership planning for the future a challenge to all. However, there is greater commitment to joint working and the opportunities presented in developing a strategy for Cardiff for the period 2008-2011.

CARDIFF LOCAL SERVICE BOARD STRUCTURE AND THE 'CARDIFF CONNECTIONS PROGRAMME'



IMPLEMENTATION PROGRESS REPORTS

1. Promoting Health and Preventing Disease

Improving health and well being, and reducing health inequalities have been identified as key strategic priorities, as well as overarching principles of the Cardiff Health, Social Care and Well-being Strategy. This acknowledges that the health sector alone cannot deliver major improvements in health and that co-ordinated action across a range of local organisations is needed. The Strategy identifies the need to intervene at both a City-wide and local level to maximise health and well-being for the population of Cardiff, ensuring community involvement and addressing inequalities.

Strategic Aims

The Strategy provides a framework by which key partners can work together in providing a City-wide approach to improving health through five complementary key areas for action:

1. Community Participation
2. Healthy Public Policy
3. Developing Personal Skills
4. Creating Supportive Environments
5. Re-orienting the Health Service.

The following table provides a progress report made against the objectives.

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<p>COMMUNITY HEALTH DEVELOPMENT 1. Operational activity of 2 Healthy Living Centres (HLCs) delivered in: Butetown/Grangetown: A range of activities delivered including:</p> <ul style="list-style-type: none"> • Food and health initiatives, e.g. food co-op and Open College Network training 	<p>Implementation of sustainability and exit plans.</p>	<p>To facilitate the adoption of a community health development approach when implementing new</p>

<ul style="list-style-type: none"> • Physical activity initiatives, e.g. community gardening, community walks • Youth health initiatives, e.g. young people's health drop-in service and support for young mothers • Emotional health & well being initiatives, e.g. links with credit unions • Access to service initiatives e.g. public involvement work, participation in the Butetown/ Grangetown Health Care Needs Assessment. <p>Llanrumney : A range of activities delivered including:</p> <ul style="list-style-type: none"> • Sexual health work with young people e.g. training, sexual health drop in, peer education • Support for young parents and pregnant women through building confidence and skills (training, access to services, volunteering and employment) • Partnership work with youth organisations • Community Drug & Alcohol Team 'supporting families' programme. <p>Key elements of the programmes have been sustained by partner agencies.</p> <p>2. Barefoot Health Workers Project delivered in the South Cardiff</p> <p>Health action research approach adopted to deliver a range of activities with the African-Caribbean, Bangladeshi, Pakistani, Somali and Yemeni communities including:</p>	<p>Further work on sustainable solutions for long-term continuation of initiatives that will end in 2007.</p> <p>Funding for the Llanrumney Healthy Living Centre ceased on 31 March 2007.</p> <p>Implementation of sustainability and exit plans. Further work on sustainable solutions for long-term continuation of initiatives that</p>	<p>community focused public health interventions by agencies and organisations.</p>
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<ul style="list-style-type: none"> • Training of community members • Physical activity initiatives, e.g. basketball with the Somali community, women only swimming • Support to local schools • Organisation of community and awareness raising events, e.g. with the African Caribbean community on heart health and diabetes issues • Promotion of the Smoke Free Ramadan Campaign with the local mosques. <p>The project also participated in, and contributed to the Butetown/ Grangetown Health Care Needs Assessment.</p> <p>3. Communities First Programme Splott/Tremorfa Public health advice provided through representation on the Local Partnership Group (LPG). Support given to develop and deliver the health action plan.</p> <p>Ely/Caerau: Public health advice provided through representation on the Local Partnership Group. Support given to deliver the Health Action Team plan.</p> <p>Butetown: Public health advice provided through representation on the Local Partnership Group. Support given to ensure the involvement of the LPG in the re-development of the Loudoun Square site.</p>	<p>will end in 2007.</p> <p>Provision of public health advice and support to the Local Partnership Group.</p> <p>Provision of public health advice and support to the Local Partnership Group.</p> <p>Provision of public health advice and support to the Local Partnership Group.</p> <p>Provision of public health advice and support to the Local Partnership Group.</p>	<p>To facilitate the adoption of a community health development approach by agencies and organisations when implementing new community focused public health interventions with black and minority ethnic communities.</p> <p>To continue to provide public health advice and support to Communities First Local Partnership Groups in Splott/Tremorfa, Ely/Caerau, Butetown and with black and minority ethnic communities.</p>
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<p>Black and minority ethnic communities: Public health advice provided through representation on the Local Partnership Group.</p>	<p>and to the development of a Health Action Plan.</p>	
<p>4. Regeneration forums Public health representation on local community forums in St Mellons, Llanrumney, Ely/Caerau, Adamsdown and Butetown/Grangetown. Support provided for the development and delivery of plans.</p>	<p>Provision of public health advice and support.</p>	<p>To continue to provide public health advice and support to local community forums.</p>
<p>HEALTHY LIFESTYLES Priority areas of activity include: 1. Tobacco control</p> <ul style="list-style-type: none"> • Smoke Free Cardiff Partnership (a task group of the Cardiff Health Alliance) developed and agreed a Cardiff-wide strategy • Smoke Free Cardiff Action Plan delivered • Smoke Free Cardiff Projects implemented. Examples of activities include smoking cessation courses with young people, training of youth workers, development of workplace toolkits, events with communities, Christmas Party Campaign, Smoke Bugs delivered by the school nursing service, support to businesses, links with All Wales Smoking Cessation Service • Organisations supported to prepare for the smoking ban in Wales • Implementation of the No Smoking Ban 	<p>Continuation of the Smoke Free Cardiff Partnership</p> <p>Monitor and revise action plan</p> <p>Co-ordinate No Smoking Day 2008</p> <p>Support the implementation of ASSIST (smoking prevention programme in schools)</p> <p>Support the All Wales Smoking Cessation Service</p> <p>Further work on sustainable solutions for long-term continuation of initiatives that will end in 2007.</p>	<p>To implement, monitor and review the Smoke Free Cardiff Strategy and Action Plan.</p> <p>To continue the Smoke Free Cardiff Partnership.</p>

<p>supported</p> <ul style="list-style-type: none"> • No Smoking Day promoted • Response made to national consultation documents • Activities delivered through community health development initiatives. 		
<p>2. Food and Health</p> <ul style="list-style-type: none"> • Cardiff Food and Health Strategy Group (a task group of the Health Alliance) co-ordinated and implemented the Food & Health Strategy and Action Plan • Cardiff Food & Health Network established • Workshop on 'Health Impact Assessment on food in schools' delivered • 'Food Matters'/Bwyd o Bwys Project year 2 delivered with young people promoting a whole school approach to food and health in Ely & Caerau • Implementation of standardised accredited OCN Food and Nutrition skills training to build capacity of the community • WAG funding secured to increase dietetic capacity to inform and support communities in healthy eating. Early years element commenced Nov. '06 • Activities delivered through community health development initiatives e.g. 3 food co-ops, cooking skills courses 	<p>Continuation of the Cardiff Food and Health Strategy Group</p> <p>Deliver, monitor and revise action plan</p> <p>Co-ordinate Food and Health Network</p> <p>Development of a combined Food and Fitness Strategy to address the priority issue of obesity</p> <p>Deliver Food Matters Project until 31st July 2007 and implement sustainability and exit plans.</p> <p>Develop strategic approach to early years and school age</p> <p>Build capacity through training other practitioners and food workers</p> <p>Continue to deliver food initiatives in community settings and seek sustainable solutions for continuation of schemes.</p>	<p>To further develop, implement and monitor a combined Food and Fitness Strategy to address the priority issue, obesity</p> <p>To continue the Cardiff Food and Health Strategy Group and Network</p> <p>To revise the Cardiff Food & Health Strategy</p> <p>To implement, monitor and revise the Action Plan.</p>
<p>3. Physical Activity and Health</p>	<p>Continuation of the Cardiff Physical</p>	<p>To further develop, implement and</p>

<ul style="list-style-type: none"> • Cardiff Physical Activity and Health Steering Group (a task group of the Health Alliance) co-ordinated and implemented the Cardiff Physical Activity and Health Strategy and Action Plan • Physical activity initiatives developed and delivered including Mentro Allan (Big Lottery Fund), Walking for Health programme, Active Life (Big Lottery Fund), Dragon Sport, GP Exercise Referral scheme, improved cycle parking provision • Activities delivered through community health development initiatives, for example, cycle maintenance, classes for over 50s (Extend), swimming, basketball. 	<p>Activity and Health Steering Group</p> <p>Implementation of locality physical activity sub-group structure to support Steering Group</p> <p>Review and revise the Cardiff Physical Activity & Health Strategy and Action Plan</p> <p>Development of a combined Food and Fitness Strategy to address the priority issue, obesity</p> <p>Deliver, monitor and review action plan</p> <p>Deliver physical activity initiatives.</p>	<p>monitor a combined Food and Fitness Strategy to address the priority issue, obesity</p> <p>To continue the Cardiff Physical Activity and Health Steering Group</p> <p>To implement, monitor and review the Action Plan</p> <p>To review the locality sub-group structure</p> <p>To develop and deliver physical activity initiatives.</p>
<p>4. Mental health See separate section in appropriate chapter.</p>		
<p>5. Sexual health See separate section in appropriate chapter.</p>		
<p>6. Substance misuse See separate section in appropriate chapter.</p>		
<p>TARGET GROUPS</p> <p>1. Older people See separate section in appropriate chapter.</p>		
<p>2. Children and young people See separate section in appropriate chapter.</p>		
<p>3. Carers</p>		

See separate section in Children and Young People Chapter.		
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2. Acute Services and Management of Chronic Disease

Ensuring that effective and efficient hospital and community based health services, to care for people with immediate and long-term health needs, is a key component of the Local Health Board's responsibilities. This section highlights a number of areas where the LHB, in particular, focuses its attention to re-shape the traditional approach to the provision of health services to ensure more care is provided in the community as close to the patient as possible.

The LHB, in partnership with Cardiff and Vale NHS Trust and the Vale of Glamorgan Local Health Board have launched a response to the Assembly's vision for health care in Wales, 'Designed for Life.' This strategic work, the Programme for Health Service Improvement (PHSI), was submitted as an overall Plan to the Welsh Assembly Government in November 2006, and will undergo formal consultation at the end of 2007. The work focuses on clinical work-streams: intermediate care and rehabilitation, long term conditions, unscheduled care and primary care resource centres, mental health, cancer, elective/ 2009/ tertiary /specialised services. This work forms the basis of strategic primary and community based services including service development backdrop to the achievements contained within the HSC&WB Strategy.

Strategic Aims

The key priorities for acute services and chronic disease management are to:

1. Achieve further reductions in waiting times for in-patient, out-patient and day case treatment by March 2008 in line with Welsh Assembly Government targets
2. Develop strong community services, including introducing a nurse practitioner-led community service for chronic disease management
3. Integrate intermediate care services based around Resource Centres to reduce the average length of in-patient stay
4. Implement plans to improve orthopaedic care, maintain and reduce waiting times by utilising increased capacity provided by the new Ambulatory Care and Diagnostic Service and new models of outpatient services
5. Develop a sustainable Cancer service that meets the All-Wales Cancer Standards
6. Take forward proposals to reorganise the provision of services to women and their babies across Cardiff
7. Implement proposals for integrated sexual health services in the City
8. Take forward, in conjunction with LHBs across the South East Region, a collaborative approach to secondary care services commissioning.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<p>1. The elective access targets for 2007 were all successfully met. This meant that as at 31 March 2007 no Cardiff residents were waiting longer than:</p> <ul style="list-style-type: none"> • 8 months for inpatient or day case treatment, or for a first outpatient appointment • 36 weeks for access to a diagnostic test or therapy services. This was also achieved for endoscopy services, although not as part of the formal reporting process <p>The demand management guidelines developed with Trust clinicians and GPs as part of Local Development Plan (LDP) resulted in reduced referrals across a number of specialty areas.</p>	<p>The LHB has agreed plans through the LDP with Cardiff and Vale NHS Trust to ensure that by March 2008 no patient waits more than five months for outpatient and inpatient therapy and diagnostic appointments.</p> <p>The work on demand management guidelines is being extended for the 2007/08 LDP by the development of guidelines covering musculoskeletal referrals (knee, ankle and low back pain); abdominal pain; rectal bleeding; and menorrhagia.</p> <p>From 1 May 2007 the Cardiff & Vale of Glamorgan Referral Management Centre will support referral management for GP referrals in Cardiff.</p>	<p>Achievement of the Welsh Assembly Government Access target for a maximum 26 week total wait from referral to treatment by December 2009 and maintenance of this target.</p> <p>Compliance with any further Welsh Assembly Government targets regarding waiting times beyond 2009.</p>
<p>2. The new dental contract was successfully implemented across Cardiff during 2006/7 resulting in increased access to NHS dentistry for Cardiff residents throughout the year.</p> <p>A programme of practice visits on the Quality and Outcomes Framework (QOF) was completed; this provides an indicator of quality and service improvement. Twenty-</p>	<p>The LHB will be seeking to use adjustments under existing dental contracts to begin the process of re-allocating the distribution of NHS dentistry in the City to reflect dental need.</p> <p>New enhanced services will be commissioned from GPs to provide support for patients in nursing homes. The outcome of the Learning Disability enhanced service</p>	<p>Implementation of a revised service model for Chronic Disease Management through the Programme for Health Service Improvement.</p>

<p>six practices were visited to provide support and advice on the achievement QOF standards by March 31. General feedback on achievement of QOF indicators was provided to all practices.</p> <p>A new model for chronic disease management locally has been developed through the PHSI. High level care pathways were developed for Stroke, Diabetes, COPD and Heart Failure.</p>	<p>will be evaluated to inform arrangements beyond 2008.</p> <p>Remodelling services for asylum seekers in line with recent changes to the Home Office directive including developing a robust health screening service which will run alongside the existing clinic at CRI.</p> <p>Develop action plans for the redesign process to underpin the successful implementation of the care pathways for chronic disease and negotiation of changes in practice.</p>	
<p>3. Progress has been made to review the model and capacity plans for intermediate care and rehabilitation across the city.</p> <p>Identification of integrated community based intermediate care and rehabilitation services to be provided at Resource Centres to prevent admission and support early discharge.</p>	<p>Detailed modelling to be undertaken under PHSI to establish the requirements for community based rehabilitation beds. This work will include determining future plans for Rookwood Hospital and West Wing, Cardiff Royal Infirmary.</p> <p>Recommendations around resource centres to be taken forward as part of planning work on the development of a Outline Business Case for CRI.</p>	<p>Specific proposals will be developed and implemented subsequent to the completion of current planning work.</p>
<p>4. The waiting time target for orthopaedics outpatient, daycase or inpatient appointments was reduced to a maximum of 8 months in March 2007.</p> <p>This was achieved through the new Cardiff and Vale Orthopaedic Centre (CAVOC) at Llandough Hospital becoming fully</p>	<p>The CAVOC development will obviate the need for external orthopaedic capacity (commissioned through the Welsh Assembly Government's 'Second Offer' scheme) from 2007-08 onwards.</p>	<p>Work will be required to fine-tune the new services to ensure that capacity and demand are in balance.</p>

<p>operational during 2006-07.</p> <p>Key to the achievement of the target was also the commissioning of a Musculo-skeletal treatment team (MTT) to provide multi-disciplinary assessment and treatment of patients on the in-patient orthopaedic waiting list.</p>		
<p>5. Plans were implemented by the Trust to ensure that patients newly diagnosed with Cancer are seen within 62 days through the urgent referral route and within 31 days through the non-urgent route. As at March 2007 there was 1 breach of the 31 day target and no breaches of the 62 day target.</p> <p>The LHB contributed to the South East Wales Cancer Network's (SEWCN) Cancer Action Plan, which is designed to achieve the reconfiguration of surgical cancer services in S. E. Wales, to ensure the necessary changes where services do not currently comply with national guidance on improving outcomes for cancer patients .</p> <p>The LHB, as part of the SEWCN, worked with the Velindre NHS Trust to develop and implement medium and long term plans for services provided from Velindre Hospital. This included the interim plan for the expansion of radiotherapy capacity in the region and the Strategic Outline Plan for the future development of non-surgical cancer services.</p>	<p>Service reorganisation to take place to sustain the 31 and 62 day waiting time targets for access to cancer treatment.</p> <p>Through the Regional Commissioning Support Unit support will be provided to the SEWCN in the development of its updated action plans and strategic framework.</p> <p>With effect from April 2007, all GP cancer referrals will be managed by the Referral Management Centre (RMC). Data on referrals received will be used to inform demand management.</p> <p>Protocols for urgent consultant review and prioritisation of referrals through this route will be implemented. This will enable identification of suspected cancer referrals at the earliest opportunity, and facilitate prompt access to outpatient appointments and investigations.</p>	<p>The NHS will continue to work through the SEWCN to plan and implement service change for cancer, including strategic decisions on the future structure and location of cancer services in the region.</p>

<p>6. The evaluation of interim changes to services to women and their babies (through the establishment of a Midwifery Led Unit at UHW alongside the obstetric Unit) demonstrated a number of benefits. Midwifery led units exceeded expectations, with very positive comments from patients and staff, and significant improvement in the recruitment and retention of midwives.</p> <p>Further work was carried out around the development of a Full Business Case to support the wholesale reorganisation and development of services to women and their babies.</p>	<p>Cardiff and Vale NHS Trust will continue to work with LHB to agree a Full Business Case for this development for submission to the Welsh Assembly Government.</p>	<p>On-going monitoring and review as the service modernisation plans are implemented.</p>
<p>7. Implement proposals for sexual health services in the City.</p>	<p>This is reported in the sexual health section.</p>	
<p>8. The LHB has contributed to a South East Wales LHB project (established in May 2006) to support the establishment of the Regional Commissioning Support Unit by April 2007.</p>	<p>Regional Commissioning on a S.E. Wales basis is to be established from 2007/08 through a Regional Commissioning Support Unit. This will ensure that the commissioning of secondary and tertiary care is undertaken on a collaborative basis across health communities to ensure greater efficiencies.</p>	<p>A work programme will be developed for the RCSU that will take forward the outcome of these planning processes.</p>

3. Mental Health

Mental Health, which focuses on adults of working age and older people, is one of the key priority areas of this Strategy. This reflects its priority status for Cardiff Council, Cardiff Local Health Board and Cardiff and Vale NHS Trust. Mental health services for children and adolescents are dealt with in the Children and Young People section.

The Mental Health Advisory Planning Group (APG) consists of representatives of service users, carers, voluntary sector, Cardiff Council, Cardiff & Vale NHS Trust, Cardiff LHB, Cardiff CHC and the NPHS. The APG is responsible for developing, planning and implementing improvements in mental health services for adults and older people in Cardiff, in line with the Welsh Assembly Government's Mental Health Strategy, the Mental Health Promotion Action Plan for Wales, Cardiff and Vale's Strategic Outline Programme, the Adult Mental Health National Service Framework and associated Action Plan and the Older Person's National Service Framework. The HSC&WB strategy therefore represents a summary of these other, more detailed, documents.

The Mental Health Promotion Action Plan has been developed by a multi-agency partnership and aims to take forward the National Service Framework for mental health, providing a focus for co-ordinated action. A range of actions are included in the plan in relation to anti-stigma work; promotion of education and skills; improved access to services and amenities; support for standards and quality in befriending work; support for provision of employee assistance in the workplace; and the promotion of culturally sensitive services. Many of these actions are currently underway and others are planned for the future.

Strategic Aims

The overall strategic aim for mental health is to ensure that appropriate mental health (and related) services are available, on an equitable basis, to those who need them, in the right place and at the right time, underpinned by an empowering and recovery-based approach to service delivery.

To achieve this, four issues have to be tackled:

1. Developing services and environments which encourage and support people to be emotionally and mentally healthy
2. Shifting the balance of services away from hospital care and into primary and community care (this process has already begun with the development of the Adult Crisis Service and the consequent closure of an in-patient ward)
3. Strengthening existing primary care and community services and developing services which currently either do not exist or do so only in embryonic form – eg. eating disorders, personality disorders and early intervention services
4. Replacing buildings and hospitals which are not fit for purpose (eg. Whitchurch Hospital) with modern facilities

The agenda for mental health services is thus both extremely complex and challenging.

The following table provides some examples of the main pieces of work that have been undertaken, along with some of the plans for 2007/8 and beyond. For further details, please see the Strategic Outline Programme and the Adult Mental Health National Service Framework Action Plan.

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
Co-ordination of the Cardiff Mental Health Promotion sub group (a task group of the Health Alliance and the Mental Health Advisory Planning Group).	Continuation of the Cardiff Mental Health Promotion sub group.	Continue to develop partnership working around mental health promotion, through the Cardiff Mental Health Promotion sub group.
Co-ordination and implementation of the mental health promotion action plan and delivery of priority actions including continued delivery of the Book Prescription Scheme; co-ordination of a befriending forum; production of an information resource for new users of adult Community Mental Health Teams; development of anti-stigma work including a small grants scheme.	Update, implement and monitor the mental health promotion action plan and deliver priority actions within the action plan including development of action around self help; enhancing links between the Exercise Referral Project and mental health organisations and continuing to deliver the stress control course.	Further develop and implement the mental health promotion action plan and develop wider mental health promotion work in line with primary care developments in mental health.
A service model to strengthen primary care mental health services was agreed by relevant partners. These proposals include the development of a Primary Care Mental Health Lead post and the roll out of mental health staff working within primary care.	Recruit the Primary Care Mental Health Lead and begin to develop the Primary Care Mental Health service.	Continue with the development of the Primary Care Mental Health service.
Second Crisis Resolution and Home Treatment Team started work in June 06, resulting in all areas of Cardiff having	The Crisis Recovery Unit – the third and final component of the Crisis Service - opened in May 2007.	

access to the Crisis Team service. As a result of the new Crisis Service, a ward at Whitchurch Hospital was closed in Aug.06.	Evaluation report by Imperial College London of 1 st Crisis Team completed.	
The Crisis House (the first in Wales) – a partnership between Health and Gofal Cymru – opened in August 2006.	Evaluate the impact of this new service.	Obtain financial support from April 2009 to enable Crisis House (part funded by Big Lottery) to continue to operate .
Work continued on developing the integrated Day Service for older people .	Implementation of the integrated Day Service for older people .	
Sealock and Riverside Community Mental Health Teams merged.		
Planning permission to develop a Rehabilitation Unit in Canton Health Centre was approved.	Develop the plan to move one of the existing rehabilitation wards from Whitchurch Hospital to Canton Health Centre.	Open the new Canton Rehabilitation Unit.
The TOPSHAPE pilot project to implement NICE guidelines for common mental health problems in primary care was successfully concluded.	Evaluation of the TOPSHAPE pilot being undertaken.	Incorporate the learning from TOPSHAPE into the developing Primary Care Mental Health service.
Roll out of the use of the PARIS IT system continued.	Continue with roll out of PARIS until all service areas are using it.	
Design and building of 3 rd ward at Llandough Hospital (as a replacement for Rawnsley Unit, UHW) underway.	3 rd ward at Llandough Hospital expected to open in Autumn 2007.	
Plans developed to open a new community facility for care of older people plus rehabilitation service for adults.	Finalise funding for this service and open new unit.	

Planning of the new Assessment Unit for Older People at Llandough Hospital commenced.	Finalise plans and funding for this service.	New Assessment Unit at Llandough opens.
Plans drawn up to develop an Eating Disorders service with funding from Health Commission Wales.	Conclude negotiations with Health Commission Wales regarding the scope and funding of an Eating Disorders service across SE Wales and implement agreed service.	
2 adult acute wards working towards AIMS accreditation (national standards for in-patient wards).	1 ward achieved AIMS accreditation in May 2007. 2 nd ward awaiting outcome.	Extend AIMS standards to other wards.
Stakeholder event for Adult Mental Health held in September 2006.	Continue to hold stakeholder events for both Adult and Older People's Mental Health.	Continue to hold stakeholder events.
Planning for the new Cardiff in-patient unit commenced.	Plans and finances for new unit to be finalised.	Close Whitchurch Hospital and open new Cardiff in-patient unit.
	Agree on those developments within the Strategic Outline Programme that can be taken forward, subject to available resources.	Implement the developments.

4. Older People

Over the last century changes in lifestyle, living conditions and health and social care have led to improvements in health and life expectancy. The Needs Assessment demonstrated an increasing trend in numbers of people over the age of 65 and continued rises in the numbers of over 75 and over 85 age groups. While many older people continue to lead fit and active lives, increasing age is associated with a higher risk of chronic and disabling conditions. These demographic changes represent a major challenge to health and social care services. The planning for services therefore needs to enable an increasing number of older people to maintain their independence as well as meet the steadily increasing demand for health and social care services.

Cardiff Council and Cardiff Local Health Board are working with partners to provide a range of co-ordinated services to meet modern and future needs of older people across health, social care and other services. The process involves a number of initiatives including major consultation events involving older people, the establishment of specific posts to take forward the development of the strategy and a grants scheme for older people.

Older people are identified as a key priority in the Strategy and service developments are based on a six-tier care pathway:

1. Promoting Health
2. Building the confidence of older people in their ability to cope at home
3. Early warning systems to identify the need for health and social care to promote independence and avoid building dependency
4. Acute in-patient care
5. Intermediate care and rehabilitation. Increased capacity and quality in the independent care home sector.

An “Ageing Well Planning Group” incorporating members from NPHS, Cardiff LHB, Cardiff Council (Adult Services), Care & Repair, Cardiff Health Alliance, Cardiff & Vale NHS Trust, has been set up to take forward the Strategy for Older People in Wales and develop actions in line with the strategic direction provided by the NSF for Older People, Ageing Well in Wales and the Wanless Action Plan.

Strategic Aims

The joint commissioning strategy for older people will aim to:

1. General

- Ensure the health and well-being needs of older people are addressed in the development of the Older People’s Strategy for Cardiff.
- Ensure that culturally sensitive services are available to older people across the six-tier care pathway.

2. Health Promotion and Prevention of Ill-health

- Implement the Ageing Well Action Plan for older people.
- Develop a falls prevention strategy and associated care pathway.
- Identify and implement a screening model aimed at promoting the health of older people.

3. Maintaining Older People in the Community

- Explore the role of, and strengthen capacity for, the use of assistive technologies within supported accommodation.
- Explore the long-term development of purpose built accommodation including the development of a range of extra care housing schemes.
- Implement a nurse practitioner led model for older people with multiple chronic illnesses utilising Wanless funding.
- Extend the provision of intensive home-care support to provide a 24-hour service for people with high level needs.

4. Acute and Crisis Services

- Develop and implement a Delayed Transfers of Care programme in conjunction with all partners to meet the recommendations of the Change Agents (CAT) report.
- Develop proposals to improve attitudes to, and treatment of, older people in hospital.
- Develop consultation processes with older people on in-patient services.
- Review the role of day hospitals in supporting clinical teams' patient management.

5. Intermediate Care

- To co-locate the wide range of intermediate care service on one site to maximise continuity of care and streamline management accountability.
- Review the current Intermediate Care Strategy, 'Closer to Home' and clarify the roles of individual services.
- Expand services and develop models of intermediate care as proposed in 'Closer to Home', to ensure a spectrum of care is available.
- Develop a funding strategy to support the long term funding of current intermediate care services.

6. Long-term Care

- Agree a clear vision for the development of long term care of older people incorporating health and social care, housing, voluntary sector and taking into the account the needs and views of users and carers.
- Complete a baseline mapping exercise of voluntary and community activity, in relation to services for older people and their carers to inform a plan to develop capacity in the sector.
- Encourage new providers into the independent care home sector to stabilise the capacity of the current market; for example by exploring options for joint block contracting of services.

- Explore the potential for the development and commissioning of an appropriate long term care unit, outside the hospital setting, for the frail elderly and the elderly mentally ill who would otherwise require treatment in long-term care beds. Funding has been identified within the Wanless allocation to progress this option and discussions are underway with partner organisations to identify short and long-term options.

The needs and service responses relevant to older people with mental health problems are not addressed in this section but are included in the Mental Health section of this report.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<p>General and health promotion</p> <ul style="list-style-type: none"> • Ageing Well Planning Group developed and agreed an action plan to implement the Strategy for Older People in Wales at a local level. • Initiatives developed and delivered within the plan including the Keep Well This Winter Campaign, falls prevention work, the EXTEND Programme (exercise classes for over 50s), the ‘Slipper Exchange’ podiatry scheme (awarded Quality Award in 2006), the ‘Moving More Often’ programme. • Counselling service provided by Age Concern and accessed by over 130 people during 2006 • Capacity building project established 	<ul style="list-style-type: none"> • Continuation of the Ageing Well Planning Group • Deliver, monitor and review the action plan to take forward the Ageing Well programme for Cardiff (2007-2008). • Implement the initiatives awarded Wanless funding including the Age Concern Counselling service, the small grants programme, the falls prevention programme • Develop and promote the Keep Well This Winter campaign • Implement flu vaccination campaign • Capacity Building programme continued implementation 	<ul style="list-style-type: none"> • To further implement the Ageing Well Action Plan • To continue the Ageing Well Planning Group • To develop the falls prevention service in line with NSF recommendations • Improve Joint-Commissioning for frail older people between LA and LHB • Improved joint working between the community teams for older people and primary health care teams • Explore possibility of developing brokerage scheme

<p>following mapping exercise.</p> <ul style="list-style-type: none"> • Small grants programme established and 12 projects funded during 2006/2007 • Older People's Congress organised and attended by over 400 people in Oct 2006 • 'Life Times' newsletter published regularly, with circulation around 1800 • 'Healthy, Wealthy & Wise' initiative supported • Older People's Accommodation Strategy has been developed • Home Care short-term intervention team established – to support prevention of hospital admission and support effective hospital discharge, aim of project to restore people to independence • Improved performance in undertaking carers assessments, including more creative use of carers grants • Improved performance in review targets. 	<ul style="list-style-type: none"> • Support development of a Carers Centre • Older People Team West and East developing joint service user involvement forum • Re-tendering Domiciliary Care contracts – enhanced availability of service provision • Home Care short-term intervention – ensure availability across the city • Working with Trust to develop new rehabilitative model eg. Acute ward UHW • Increase residential care capacity for dementia • Integrated Health & Social work discharge planning team. 	<ul style="list-style-type: none"> • Develop appropriate levels of availability of services for respite.
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5. Children and Young People

This section of the Strategy is set in the context of the Children and Young People's Framework Partnership (C&YPP), which in Cardiff has built on a multi-agency approach to planning and managing specific programmes including Sure Start and Children and Youth Partnership funding. The C&YPP is responsible for implementing the children and young people's priority as it is described in the relevant chapter of the Health and Social Care & Well being Strategy. This position is consistent with guidance from the Welsh Assembly Government on the status of the C&YPP as the strategic planning body for children's services and its status in relation to the HSC&WBS. The Cardiff C&YPP has developed its functions and broadened the scope of its planning since the HSC&WBS was first drafted. Some of the developments listed below were progressed initially outside the scope of the Partnership itself.

Comprehensive audits on the range of services provided across the statutory, voluntary and independent sectors to children and young people were originally commissioned through the Children and Young People's Framework Partnership and are described in detail in Partnership Plans.

For young people, the audit identified a broad range of services across the following areas:

- Education, Training and Work Experience
- Basic Skills Provision
- Services and Facilities
- Information, advice and support
- Sport, Recreation and Art Development
- Giving Young People a Voice
- Core Service sections.

The C&YPP is embarking on further needs assessment work which will be required for the new single plan, to be produced for all children and young people which is expected to be operational by September 2008. This plan is the subject to recently received draft guidance from the Welsh Assembly Government. The Partnership is also considering how it might re-structure itself to best compile and implement the new plan required. The latest iteration of this plan that is available by the time the next Health, Social Care and Well being Strategy is published will constitute the children and young people's chapter of the Strategy since the HSC&WB Strategy and the single plan do not have the same time-scales.

Strategic Aims

The Cardiff Framework Board is developing a vision that will ensure that the Assembly's seven core aims for all children and young people are translated into action.

The core aims of the Framework Board are to ensure:

1. That all children have a flying start in life and the best possible basis for their future growth and development
2. That all children and young people have access to a comprehensive range of education, training and learning opportunities, including acquisition of essential personal and social skills
3. That all children and young people enjoy the best possible physical, mental, social and emotional health, including freedom from abuse, victimisation and exploitation
4. That all children and young people have access to play, leisure, sporting and cultural activities
5. That all children and young people are listened to, treated with respect, and are able to have their race and cultural identity recognised
6. Provision of a safe home and a community that supports physical and emotional well being
7. That all children and young people are not disadvantaged by child poverty.

Within the overall priority of Children and Young People, the Partnership developed three priorities;

1. Purposeful Learning
2. Furthering Emotional Health and Well being
3. Family Support Strategy Implementation.

These priorities are underpinned by underlying priorities of which the most significant is participation work with children and young people; work required so that plans are genuinely responsive to their expressed needs. A range of other work, for example on information sharing protocols is also underpinning different parts of service delivery while there is also development on specific areas such as meeting the needs of young carers which does not fit neatly into one of the three priorities described above.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<p>Emotional & Mental Health Priority</p> <ul style="list-style-type: none"> • Anti-Bullying Project set up and running with two staff recruited • Bounceback project work underway working in High Schools to bolster emotional resilience • Pyramid Project fully agreed and four 	<p>All these projects moving forward with implementation phases. To agree full targets and set up monitoring and review processes.</p>	<p>The intention is to maintain this priority within the single children and young people's plan, subject to agreement, by July 2008.</p>

<p>schools identified as summer term recipients</p> <ul style="list-style-type: none"> • Primary Mental Health Team- additional staff employed; Book Prescription Scheme launched • Stop Bullying Award agreed for Cardiff Schools • Barnardo's focus group work on children's understanding of their emotional and psychological wellbeing, took place in schools 		
<p>Purposeful Learning Priority</p> <ul style="list-style-type: none"> • Exceptional provision panel fully operational • Software acquisition aided tracking of pupils not engaged in formal education • Work on accreditation of learning in informal settings led to production of report on the youth service • New young parents service began with dedicated staff member and group sessions set up • Mentoring support scheme for primary/secondary transition set up and mentors in place • Young offenders returning from detention receiving new provision as a result of needs assessment work and staff appointment. • Somali Achievement project launched and varied elements of provision within it now operational. 	<p>All these projects moving forward with implementation phases. To agree full targets and set up monitoring and review processes.</p>	<p>The intention is to maintain this priority within the single children and young people's plan, subject to agreement, by July 2008.</p>
<p>Family Support Strategy Full strategy mapped out and implementation</p>	<p>All these projects moving forward with</p>	<p>The intention is to maintain this priority</p>

<p>begun. New posts set up and recruited:</p> <ul style="list-style-type: none"> • Family Support Strategy Development • Parent Programme Co-ordinator • Parent network co-ordinator • Early Years team (Homeless) <p>Major conference held March 2007 which communicated progress to date and led to new connections being made across delivery organisations.</p>	<p>implementation phases. To agree full targets and set up monitoring and review processes.</p>	<p>within the single children and young people's plan, subject to agreement, by July 2008.</p>
<p>Flying Start initiative (highly specified programme delivered in eight school catchment areas to pre-school children) planned through assessment stage, recruitment of senior staff, delivery programme agreement, school catchment areas selection.</p>	<p>Programme delivery to be fully implemented in the eight catchment areas. Evaluation process agreed and in place.</p>	<p>Programme will run throughout lifetime of the next strategy.</p>
<p>Participation and Engagement</p> <ul style="list-style-type: none"> • Development of the U-Share network bringing together different representatives and issues based groups of young people in a way that connects with policy and decision makers. • Adoption of Hear by Right across partnership sectors and organisations to measure progress on participation. • Young consultants providing workshops delivered in schools and youth settings to raise awareness of the entitlements of young people. 	<p>All this work is moving forward and will both shape and be incorporated in further developments to be part of the single C&YP plan.</p>	<p>Intention is to maintain and strengthen this priority and to further develop practice within the single children and young people's plan by July 2008.</p>
<p>Information Sharing Protocols agreed and signed up to by main C&YP partnership organisations.</p>	<p>Support is being provided for all key organisations through training and the use of a toolkit to help with the</p>	<p>Local evaluation of practice following current work-plan end.</p>

	production of local inter-organisational information sharing protocols.	
<p>Health Promotion</p> <ul style="list-style-type: none"> • Health improvement components of CYFPF plans implemented • National Service Framework (Children & Young People and Maternity Services) Implementation Group completed the Self Assessment Audit tool (SAAT) regarding core actions to provide a baseline of service standards and provision • Estyn Inspection of Youth Support Services undertaken • Children and Young People’s Health Task Group implemented the Youth Health Action Plan, including the delivery of the Cardiff Network of Healthy Schools Scheme, support for young carers, delivering sexual health, substance misuse and emotional and mental health initiatives. <p>Young Carers</p> <ul style="list-style-type: none"> • Young Carers Strategy and Action Plan developed. • Young Carers Development Officer appointed • Young Carers leaflet and information booklet developed • Young Carers Social and Support club running once a week • Continuation of Give Us a break Project for young carers via by Lottery funding. 	<ul style="list-style-type: none"> • Currently undertaking research to inform the development of joint commissioning arrangements for children and young people. Interim Joint Commissioning Group being developed. • National Service Framework (Children & Young People and Maternity Services) Implementation Group completing the Self Assessment Audit tool (SAAT) regarding developmental actions • Development and implementation of the Estyn post Inspection action plan • Continue delivery of planned work. <p>Review, implement and monitor the Young Carers Strategy and action plan.</p>	<ul style="list-style-type: none"> • To deliver, monitor and review Youth Health Action Plan • To develop the health component of Flying Start initiative (services to 0 – 3 year olds and their families, which will provide targeted education and family support) • To support the development of Children and Young Peoples Partnership structures and services following the publication of the Children’ Act <p>To continue to implement the Young Carers Action Plan.</p>

6. Physical Disability and Sensory Impairment

This section primarily considers the needs of physically disabled adults aged 18-64 years, including people with sensory impairments and those people with long-term conditions. The importance of transitional care between childhood and adulthood is acknowledged, as is the impact of the various stages of life that the age span of this group covers, with life context issues such as parenthood and employment being important factors. Furthermore it is recognised that the impact of aging on this group of people, as with others, is such that individuals are more likely to have multiple impairments with increasing age. It is recognised that not all disabled people are ill, and that needs of the individual also change and fluctuate from the point of diagnosis and the challenge is to vary the flexibility of services to respond to fluctuating conditions and progressive illness.

There is no single policy framework that provides the context for the local planning and provision of services to people with a physical disability. In the absence of a national strategy, planning for services for the physically disabled and sensory impaired is focused on the needs of the local population.

Strategic Aims

To promote the long term health and well-being of people with physical and sensory disabilities through:

1. Safeguarding people with physical disabilities who are frail or otherwise vulnerable
2. Providing seamless and complementary support from health and social care (including the voluntary sector), housing and related services
3. Ensuring that the services on which people depend are organised to be responsive to their needs and are sustainably funded
4. Addressing problems in respect of transport, access, mobility and living in the more rural areas of Cardiff
5. Tackling discrimination against people with physical disabilities
6. Promoting access to lifelong learning and recreational/leisure and work opportunities
7. Promoting positive attitudes and inclusion towards people with physical disabilities.

Proposals to be taken forward over the period of the Strategy can be grouped under 4 main priority areas:

Health Promotion/ Prevention

- Increase the range of services to support carers of people with a physical or sensory disability.
- Develop a training programme for health and social care staff to ensure the needs of people with physical and sensory disabilities are recognised.

Independent Living

- The recommendation of the Joint Equipment Service Review is to take forward its implementation.
- Provide advice and support to Housing Associations in the development of new housing stock to ensure accessibility for people with physical disabilities, including involvement of occupational therapists to ensure adapted housing has appropriate facilities.
- Develop the model of re-ablement service provision for people under 65 to take account of best practice elsewhere, and ensure that services can be accessed in ways other than following a crisis.
- Continue to expand the current Direct Payments scheme with appropriate support.
- Explore good practice and develop proposals for the expansion of voluntary sector services.
- Maintain the work with voluntary organisations, to provide more specialist services for people with dual sensory impairment to meet people's needs.
- Develop joint working protocols with Housing Services to ensure the appropriate provision of housing support.

Transitional/Intermediate Care

- Review current provision of day care facilities and develop proposals for more flexibility in service provision with an increased role for the voluntary sector, even after the change during 2007 from a building based day centre to a community based day service
- Extend links with education, leisure and employment agencies to identify alternative models of "Day Care" which support rehabilitation.

Long Term/Continuing Residential and Nursing

- Utilise the commissioning process to encourage the market to develop services in response to local need.
- Evaluate the potential effectiveness of providing therapies in nursing homes. Quantify need, explore good practice and develop proposals.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
Development of day services from a day centre based model to a community day services model.	Development of phase 2 of developing day services.	Ongoing development, implementation and response to priority areas identified.

Review of telephone rentals completed.	Implementation of actions from reviews.	
Establishment of an accommodation sub group of the Physical Disability Advisory Planning Group.	Complete accommodation strategy including evidence of need, forecast of demand, and developing models of accommodation. Develop and implement a system for reviewing and recording the accommodation needs of new and existing service users. Establish priority list.	Implementation of the priority areas identified in the accommodation strategy.
Training of a group of home care staff in BSL signing and sensory awareness training. These carers support some BSL signing service users.	Identified group of home carers going on to complete next level of BSL signing.	Ongoing evaluation of effectiveness of this service. Identification of further training requirements
Awareness training for Contact Officers in relation to the total spectrum of sensory impairment.	Ongoing programme of awareness training for all staff within the service area and in Adult Services.	Evaluation of training and rolling programme to be provided.
Completion of All Wales Visual Impairment Benchmarking Exercise.	Prioritisation of recommendations and implementation of these. Dissemination of the work with Partner Organisations.	Further implementation of recommendations.
	Complete report draft service specification for funding submission for an independent Advocacy Scheme.	Dependent on the availability of finances to resource this work.
	Implementation of the priority recommendations of the Disabled Facilities Grant Process review.	The implementation of this work.
	Development of a Service Specification for Nursing Home provision.	Commission appropriate services.

	Ongoing development of specialist home care services, including appropriate therapy input.	Evaluate effectiveness of proposed specialist home care service.
	Consider further developments with the established physical disability service user group to provide involvement and discussion around service issues.	Monitor the effectiveness of service user group.
	Completion of Sensory Commissioning Strategy and approval of Cardiff Council and LHB. Implementation of Year One of the Action Plan.	Implementation of years 2 and 3 of the Action Plan, review of further action required for ongoing years.
	Participation in newly established All Wales Hearing Impairment Exercise.	Respond to progress with this work re. report and recommendations.
	Develop Service User Group for sensory impairment service users.	Monitor the effectiveness of service user group.

7. Learning Disability

Joint planning of services for people with a Learning Disability dates back to the 1983, 'All Wales Mental Handicap Strategy'. The Local Authority has had the lead on commissioning learning disability services since 1983 but works closely with Cardiff LHB and a range of other partners in the planning and delivery of those services.

There are many organisations that have been developed specifically to support people with a learning disability and their families, relatives and friends, or who offer such help within their broader range of activities. The Cardiff and Vale Parents Federation continually updates its local guide to services for people with a learning disability, *Where You Stand*. This lists the full range of services available to people with a learning disability.

Strategic Aims

To promote the long term health, well-being and social inclusion of people with a learning disability through:

1. The Unified Assessment process for services to people with a learning disability
2. Implementing the joint commissioning strategy
3. Safeguarding the welfare of vulnerable people with a learning disability
4. Raising the standards of care and support to people with a learning disability
5. Supporting people to live within their own homes and communities wherever practicable, to promote independence and social inclusion
6. Achieving seamless and complementary service support from all service providers
7. Ensuring that services provided are responsive to individual needs
8. Protecting and promoting the health of people with a learning disability
9. Combating discrimination and promoting positive images of people with a learning disability
10. Enabling people with a learning disability to participate in discussions and decisions about their care in a meaningful way
11. Ensuring that information for users and carers is in a language and format that is accessible to the individual
12. Ensuring that people with a learning disability have full access to information about their rights, choices, support available, services and benefits.

Independent Living

- Through the Commissioning Strategy, increase accommodation choices for people with complex and/or challenging behaviour requiring move-on accommodation.

- Work across sectors and areas on the pooling of accommodation resources to ensure their economic and efficient use for older people with a learning disability to take account of their need for potential physical frailty; and for younger people, which take account of their changing expectation for independence from the family home.
- Review and respond to strategic developments to ensure the implications of proposals for people with a learning disability are considered.
- Continue to encourage take up of the Direct Payment Scheme thus ensuring that people with a learning disability are enabled to manage their own care providers.
- Complete the independent review of advocacy services and identify proposals for ensuring the availability of appropriate services.

Intermediate/Transitional Care

Implement the recommendations of the strategic review of internal day services and, in agreement with the trade unions, pilot proposals for meaningful/flexible “day time” opportunities in employment, leisure, education, sport in the community for people with learning disabilities, to ensure they are included and not segregated.

- Undertake profiling of needs and current use of resources and identify priorities for future service provision for transitional care.

Long Term/Continuing Care

Review existing specialist provision and utilise the commissioning process to encourage the market to develop local services in response to local need.

- Develop services to enable the return to Cardiff of people currently inappropriately placed out of area.

Standards of Care

Improve continuity of care by service providers through a range of human resource policies.

- Increase training opportunities, particularly for generic health care staff and staff at leisure facilities, to ensure the needs of people with a learning disability are recognised.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
Undertook the re-commissioning of	Implement the outcome of the tender	

Emergency Accommodation and Support Services.	process for Emergency Accommodation and Support Services.	
Undertook the re-commissioning of Supported Living Services.	Implement the outcome of the tender process for Supported Living Services.	Develop a range of alternative approaches to supported living services.
Tender process for respite care services begun.	Complete the tender process for respite care services.	Develop a range of innovative, flexible respite care options.
Tender process for Flexible Support services begun.	Complete the tender process for Flexible Support Services.	
Tender process for Adult Placement Services begun.	Complete the tender process for Adult Placement Services.	Expand APS services to accommodate people living in small residential care homes where required.
Tender process for remaining elements of services begun.		Complete the re-commissioning process for remaining elements of the learning disability services.
	Undertake a review of the Advisory Planning Group.	
	Re-configuration of day services to develop person centred services within six localities.	
Develop a new framework for contract monitoring.	Implement the new framework for contract monitoring.	
	Implementation of action plan for re-commissioning and re-development of services.	Review progress with the Joint Commissioning Strategy and develop action plan for 2008-2011.

8. Carers

The Cardiff Carers Plan was launched in 2002 in partnership and with full agreement to take the work forward with Cardiff Carers' Forum, Cardiff Local Health Board, Cardiff Council, Cardiff and the Vale NHS Trust, the Carers' Centre and the Carers Development Project.

It was agreed by all partners to review the plan annually, reflect on achievements, identify priorities for the coming year and ensure that the document remained active in improving the lives of carers in Cardiff.

The representative working group, known as the Carers Advisory Planning Group, are the gatekeepers of the plan and represent the partners in ensuring that carers remain high on all agendas and that the identified priorities are addressed as much as possible in their areas of work.

The areas for action are unchanged and must take into consideration any new legislation. These are:

- Carers' Health
- Active Support
- Information
- Awareness and Recognition
- Skills Development
- Employment
- Participation and Consultation
- Joint Working
- Equal Access

Detailed action points are identified in the plan relevant to each of these headings.

Much progress has been made following the implementation of the Cardiff Carers Plan, and there have been a range of developmental changes. Therefore, the Carers Advisory Planning Group will review the Carers Plan this year and revise it to ensure that it remains up to date and focuses on the current issues faced by carers. This will be a 3 year plan and it is anticipated that it will be launched in March 2008, following appropriate consultation.

Strategic Aims

Taken from the *Cardiff Carers' Plan*, the strategic aims are to:

1. Promote and protect the health of the carer and ensure their needs are recognised and catered for.
2. Ensure a broad range of support is available to support carers to enable them to continue in their caring role with sustainable funding.
3. Provide easily accessible, relevant, factually correct information in a variety of languages and formats to meet individuals' needs.
4. Ensure recognition of the carers' role by both the carers themselves and also by professionals.
5. Support carers through training and advice, to enable them to care for the looked after person, and increase the skills of professionals to identify and support carers.
6. Support carers to remain in, or secure employment through appropriate, flexible services and carer friendly policies.
7. Actively involve carers in the planning and delivery of services as equal partners.
8. Ensure joint collaboration between the statutory, voluntary and private sector in addressing carers' issues.
9. Ensure the availability of support and services for carers of any gender, race, culture, disability, age and sexual orientation.

The detailed action to support the achievement of these aims is identified in the Cardiff Carers' Plan - Implementation Plan. Objectives within this Plan are monitored and reviewed once a year and are therefore subject to change.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<ul style="list-style-type: none"> • Black & Minority Ethnic Carers are offered basic health checks at the Upna Centre. A successful funding application was made which ensured that the BME Carers support days were increased from biweekly to weekly. These events are now held in two different locations within Cardiff. A support worker was employed to administer these events. These events meet the needs of isolated 	<ul style="list-style-type: none"> • Continue to promote the role of carers within GP practices by increasing the number of carer's champions. • Establish a programme of events to support carers to look after their own mental and physical well being by providing training and skills development. • Ensure carers are able to have a break from their caring responsibilities by developing 	<p>The following are the priorities for the future, taking into consideration the views of carers and the review of the Cardiff Carers Plan:</p> <ul style="list-style-type: none"> • Skills development - both for carers and professionals working with carers • Participation through the Carers Forum and other consultation forums • Information Strategy

<p>Carers from minority communities giving: health checks and information, access to contact and assessment (LA) relaxation and therapies. 30 – 40 carers access this service from 6 different ethnic communities</p> <ul style="list-style-type: none"> • The number of GP surgeries that have nominated Carers Champions has increased. Of the 55 surgeries in Cardiff, the project is actively working with 42, some have one carers champion and some have two. Approximately 6 surgeries feel that information only is the way to support their carers. Of the remaining surgeries it is hoped that they will be encouraged to join the project over the next twelve months • Cardiff Council continued to ring-fence the carers grant, therefore ensuring that breaks continue to be provided to carers. • Carers Issues have been included in all service plans • Three new services for carers were developed through funding from the Mental Health Carers Grant. • Carer Awareness training commenced in Cardiff Council Adult Services for 	<p>appropriate services.</p> <ul style="list-style-type: none"> • To provide information on both carers health and condition of cared for person by developing carers clinics where signposting and advice will be available. • Provide relevant information to Carers at the appropriate time through development of a carers information pack, publication of advice and advocacy services and web development. • To ensure information is easily accessible to all carers i.e. language, by developing a communication /information strategy. • Increase the uptake and recording of Carers Assessments by developing guidance for completion of assessments. Improve recording/ reporting procedures. • Ensure carers are able to have a break from their caring responsibilities by developing appropriate services. • To provide information on both carers health and condition of cared for person by developing carers clinics where signposting and advice will be available. • Provide relevant information to Carers at the appropriate time through development of a carers information pack, publication of advice and advocacy services and web development. 	<ul style="list-style-type: none"> • Carers Assessments • Employers – work life balance carer friendly policies • BME • Young Carers • Emergency respite <p>Sub-groups have been replaced by Task and Finish Groups and reduced to 4 in order to focus work for 2007. The Task and Finish Groups are: BME; Health & Well being; Information; Support.</p>
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<p>professionals.</p> <ul style="list-style-type: none"> • Carers were encouraged to participate in consultation process by holding two consultation events in 2006. A report was published following the first consultation and recommendations made by the Carers Advisory Planning Group. • Funding was secured to re-establish the Cardiff Carers Forum in 2007. • Young Carers Strategy was completed and a Young Carers Development Worker recruited through Cymorth funding. 	<ul style="list-style-type: none"> • To ensure information is easily accessible to all carers i.e. language by developing a communication/information strategy. • Increase the uptake and recording of Carers Assessments by developing guidance for completion of assessments and improve recording and reporting procedures. • Endorse and establish the work of Carer Support Groups • Continue the development of the Cardiff Carers Forum as a way of consulting carers and as a platform for disseminating information. • Ensure the views of carers from all groups are sought. • Provide services to enable carers to remain/gain employment • Enable carers to develop their skills to rejoin the workforce by providing appropriate courses. • Enable carers to remain in the workplace by establishing and promoting carer-friendly employment practices and policies. • Involve carers in development of new adult education courses (e.g. returning to work). 	
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9. Health Care Services to Her Majesty's Prison Cardiff

Improving the Prison Health Service is an important element of the wider approach to health and well being of prisoners, their families and dependants. Given that 63% of prisoners who are released from Her Majesty's Prison (HMP) Cardiff remain living in Cardiff, improving their health has benefits for the long-term health gain of the population.

The LHB took over responsibility for commissioning health care services for HMP, Cardiff from April 2006. Following this transfer the Prison Health Partnership Board commissioned a piece of work to update the previous Prison Health Needs Assessment in order to inform the development of a Prison Health Improvement (HIP) and Delivery Plan for 2008-2011.

Strategic Aims

The aim of the Prison HIP was to set out a clear strategy within which HMP Cardiff will work with others to develop and improve health and healthcare services for their prisoners by:

1. Setting out the health needs of prisoners in HMP Cardiff
2. Setting out a strategy to develop planning mechanisms and ensuring collaboration within and outside HMP Cardiff
3. Setting out a strategy to develop clinical services together with the resource implications
4. Providing a framework enabling joint commitments to be drawn up by HMP Cardiff and the NHS, local authorities and voluntary organisations
5. Contributing to meeting the all Wales targets for health gain
6. Providing the framework for the establishment of long term agreements with providers of health and social care.

The 2001 Health Needs Assessment highlighted five key areas in HMP Cardiff:

- Mental health
- Substance misuse
- Chronic diseases
- Infectious disease
- Health promotion

The original HIP was used as a basis for the development of a Health Care Delivery Plan (HCDP) for 2005 to 2008 that has been developed jointly between the LHB, HMP Cardiff and stakeholder organisations. The implementation of the HCDP is monitored by the Prison Health Partnership Board that was established in April 2006 and has multi-agency membership and engagement.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
Updating of the 2002/3 health needs assessment to inform future commissioning requirements	Developing a chronic disease framework for HMP Prison in line with local community care pathways	Implementation of an Integrated Drug Treatment Service
Carrying out of a baseline assessment against the draft national performance management framework which is to be instigated from April 2007	Evaluating the effectiveness of the integrated sexual health model implemented in 2005-6	
Successfully re-tendered the prison dental service following the resignation of the previous provider, awarding the contract to a Trust provider which will ensure a more sustainable 52 week service	Mental Health: <ul style="list-style-type: none"> • Completing the reconfiguration of mental health services within the Prison • Rolling out and implementing the Prison Mental Health Care Pathway 	
	Continuing to develop the role of the Prison Health Partnership Board in monitoring and developing Prison Health Services	
	Development of a Prison Health Care Delivery Plan for 2008-2011	
	Developing the local performance framework in line with national recommendations	
	Developing a composite workforce delivery plan across all health service providers.	

10. Substance Misuse

Substance Misuse is a complex problem that has wide-ranging and harmful implications for the quality of life of individuals, families and communities. The Cardiff Substance Misuse Action Team (SMAT) recognises that substance misuse requires the integration of cross-cutting policy agendas at both national and local levels. Specifically, the Substance Misuse Action Team believes that local planning needs a strategic coherence that is informed and guided by an understanding of local needs.

The Cardiff Substance Misuse Action Plan 2005-08 provides a clear framework for the delivery of the key strategic aims and objectives set out in ‘Tackling Substance Misuse in Wales: a partnership approach’ and also the implementation of the Welsh Assembly Government Substance Misuse Treatment Frameworks (SMTF). The Plan focuses on the promotion of healthy lifestyles, developing safer communities and the improvement of health and support services for those people affected by substance misuse and/or its knock-on effects. This plan contributes to the overall vision of substance misuse services in Cardiff, and is the beginning of a process working under the principles of: Partnership; Collaboration; Integration & Co-ordination; Proactive approach and Evidence based.

The purpose of the Substance Misuse Action Plan is to provide a set of strategic objectives to direct the local work of all partner agencies involved in the substance misuse arena and to provide a realistic and achievable set of actions designed to achieving the following key aims:

Strategic Aims

1. To help children, young people and adults resist substance misuse in order to achieve their full potential in society, and to promote sensible drinking in the context of a healthy lifestyle
2. To protect communities from anti-social and criminal behaviour and health risks related to substance misuse
3. To enable people with substance misuse problems to overcome them and live healthy and fulfilling lives, and in the case of offenders, crime-free lives
4. To stifle the availability of illegal drugs on our streets, and the inappropriate availability of other substances.

The SMAT continues to respond to Home Office directives, the re-commissioning of the Drug Intervention Programme being a good example of this. They are also anticipating the introduction of Drug Testing on Arrest and Restriction on Bail.

The development of Substance Misuse Treatment Frameworks continues as does work regarding workforce development and the introduction of DANOS Drug & Alcohol National Occupational Standards).

The SMAT continue to work with local service providers to meet the needs of the All Wales Substance Misuse database and are working towards meeting the National KPIs for Substance Misuse.

A Substance Misuse Joint Commissioning Group had been established, whose role is to manage and monitor the expenditure of the Substance Misuse Action Plan Fund. Services will need to be reviewed following the publication of new Substance Misuse Treatment Frameworks. The group has also commissioned a piece of work to inform the development of a commissioning strategy.

It should be noted that the Welsh National Strategy – Tackling Substance Misuse In Wales – A partnership approach comes to an end in 2008 and consultation is ongoing at present regarding the development of a new strategy.

The following table provides a report on progress made against objectives;

Achievements 2006-2007	Current Work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<p>1. Children, Young People & Adults</p> <ul style="list-style-type: none"> • Continue to provide Option 2 intensive family support service • Continue to support “All Wales Substance Misuse Education Programme” • Continue to provide CPN in CAHMS Team • Continue to provide Substance Misuse Diversion in YOT Team • Mapped existing service provision of family support services and compiled report • Reviewed existing information leaflets for young people, developed a directory of resources, put up notice boards • Inroads young person’s worker worked with key agencies (schools, youth community settings) to carry out SM prevention and harm reduction activities. • Inroads mobile outreach substance 	<ul style="list-style-type: none"> • Currently considering Draft WAG SMTF for Children & Young People • To agree referral criteria and care pathways for CAHMS Young Persons Substance Misuse Service • Awaiting WAG response to the recommendations contained in the “Hidden Harm” report • Develop Local Implementation Plan based on WAG response to “Hidden Harm” • Develop and pilot Healthy Schools Substance Misuse toolkit. • Pilot multi-agency approach to substance misuse in two secondary schools • Revise and pilot protocol for dealing with substance misuse incidents in youth and community centres and street-based youth work. • Support the roll-out of the ASSIST smoking prevention programme in 5 	<ul style="list-style-type: none"> • To reconfigure services in line with WAG SMTF for Children & Young People • Continue to implement multi-agency approach to SM pilot project in secondary schools and deliver substance misuse education/prevention in informal youth settings. • Develop and implement monitoring and reporting system for substance misuse incidents in schools and youth centres. • To provide substance misuse training for youth and community workers, including dealing with substance misuse incidents. • Continue to provide training for Substance Misuse workers

<p>misuse education and prevention provision provided in community settings across Cardiff.</p> <ul style="list-style-type: none"> • Audit of the implementation of the Youth Service Substance Misuse policy carried out, individual reports disseminated to all youth centres. • Young peoples version of the Youth Service Substance Misuse policy produced and disseminated to all youth centres along with recommended materials • Provided training for Substance Misuse workers. 	<p>secondary schools</p> <ul style="list-style-type: none"> • Support the development of the sustainability strategy for 2Tuff2Puff Adolescent smoking cessation programme. • Secure funding and recruit two youth health development workers to support the multi-agency approach to SM pilot project in secondary schools and deliver substance misuse education and prevention in informal youth settings. • Continue to provide training for Substance Misuse worker. 	<ul style="list-style-type: none"> • <i>Subject to the development of New Welsh Assembly Government Substance Misuse Strategy</i>
<p>2. Families and Communities</p> <ul style="list-style-type: none"> • Provided Drink Impaired Drivers Programme (DIDS) via Probation • Provided Offender Substance Abuse Programme (OSAP) via Probation • Provided Drug Treatment and Testing Orders (DTTOs) via Probation • Provided S.T.I.R. social work individual/family interventions to people leaving prison with Alcohol problems • Delivered L4L programme to young offenders • Delivered Strengthening Families Programme (SFP) • Delivered Substance Misuse Training Programmes via NewLink Wales • Delivering STARS motivational Interviewing programme to 118 staff with 85 supervision sessions delivered. 	<ul style="list-style-type: none"> • Continue to provide Drink Impaired Drivers Programme (DIDS) via Probation • Continue to provide Offender Substance Abuse Programme (OSAP) via Probation • Drug Referral Requirements (DRRs) via Probation & CRI • Continue to provide S.T.I.R. social work individual/family interventions to people leaving prison with Alcohol problems • Continue to support L4L programme to young offenders • Deliver Strengthening Families Programme (SFP) • Deliver Substance Misuse Training Programmes via NewLink Wales • Deliver STARS motivational Interviewing programme to 120 staff with 40 	<ul style="list-style-type: none"> • Work with CJIT providers to deliver local services. • Implement NOMS Substance Misuse Pathway. • Introduce Drug Testing on Arrest • <i>Subject to the development of New Welsh Assembly Government Substance Misuse Strategy</i>

<ul style="list-style-type: none"> • To deliver low-level interventions to tenants with substance misuse problems to reduce failed tenancies • Completed “Lions Breath” research project about alcohol consumption in Cardiff City Centre • Supported the Supporting People Operational Plan • Secured funding for S.T.I.R. workers via DIP Team • Secured funding for STARS interventions via BSC (1 year only) • Secured funding for Assistant Volunteer Coordinator via DIP Team • Seeking funding for L4L programme via SCF • Ongoing discussions with Children’s Services over possible expansion and relocation of Option2 Family Support Team to Intake and Assessment Team • Provided POVA training to CDAT staff • Developed substance misuse information cards in a number of community languages and distributed via BME project (which to date has delivered information to 2188 individuals from Butetown, Grangetown, Splott and Canton) • Developed links with Cardiff POPOS programme (currently 55 prolific offenders on list) • Resettlement and Aftercare Provision (RAP) for young offenders with substance misuse problem 	<p>supervision sessions delivered.</p> <ul style="list-style-type: none"> • STARS to be funded from SMAPF • To deliver low-level interventions to tenants with substance misuse problems to reduce failed tenancies • Funding secured to provide enhanced Needle Exchange Service including a co-ordinator • Secure additional accommodation to meet the needs of substance misusers via Supporting People Operational Plan • Recommissioning of Drug Intervention Program to deliver services from April 2008. (Including Arrest Referral & Drug Testing on Charge) • Development of the CASMS (Cardiff Active Support and Monitoring System) team • Continue to provide DToC 	
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<ul style="list-style-type: none"> • Implemented Drug Testing on Charge (DToC) 		
<p>3. Treatment</p> <ul style="list-style-type: none"> • Community Addictions Unit & ADFER Unit provided inpatient detox, day programme, outpatients services, needle exchange, BBV testing, community prescribing, specialist midwifery service, • Cardiff Council provided CADT services including counselling and social work interventions including community care assessments and COVAID programme (“Control of Violence for Angry Impulsive Drinkers”) • Provided probation worker at CAU team • Provided mobile outreach service via Inroads • Provided drop-in Service at Fitzhamon Centre • Introduced AXIS BME project to encourage BME users into services • Delivered a relapse prevention programme in the community • Developed opportunities to enable service users to be involved in the planning process by funding ASFA coordinator • Maintain existing service provision • Continuous improvement action – quarterly reporting to task group and SMAT regarding case loads and management of waiting times and waiting lists 	<ul style="list-style-type: none"> • Develop an action plan in response to the WAG waiting time audit, taking into account the NKPIs • Consider recommendations of the WAG Tier 4 review group • To review provision for users with co-occurring mental health problems to develop commissioning or reconfiguration plan within existing resources to ensure services are delivered in line with WAG SMTF • Encourage accurate and consistent reporting to HSW database • Maintain existing service provision 	<ul style="list-style-type: none"> • Consider recommendations of the WAG Tier 4 review group • To review provision for users with co-occurring mental health problems to develop commissioning or reconfiguration plan within existing resources to ensure services are delivered in line with WAG SMTF • Encourage accurate and consistent reporting to HSW database • Maintain existing service provision <p>• <i>Subject to the development of New Welsh Assembly Government Substance Misuse Strategy</i></p>

<ul style="list-style-type: none"> • Provision of substance misuse BME information desks on 3 days per week in various community centres • Agree common baselines for numbers in treatment with all commissioned treatment providers as per the new WAG Performance Management System by June 2006 • Expand GP Local Enhanced Scheme, to increase the number of patients to 160 by March 2007 • Currently exploring the feasibility of a mobile injecting facility, within a legal framework • Develop an action plan to implement recommendations of WAG guidance on Drug Related Deaths • DIP delivered 										
<p>5. Availability</p> <p>Apr 06 – March 07 Arrests for supply offences of other Class A drugs = 83 Arrests for supply offences of Cocaine = 39 Arrests for supply offences of Heroin = 56</p> <p>Recorded Crime Drug Offences</p> <table border="1"> <thead> <tr> <th>2006/7</th> <th>2005/6</th> </tr> </thead> <tbody> <tr> <td>1179</td> <td>722</td> </tr> </tbody> </table> <p>There has been a rise of 63% of detected crime in relation to drug offences.</p>	2006/7	2005/6	1179	722	<p>Arrests for supply offences of other Class A drugs = 83 Arrests for supply offences of Cocaine = 39 Arrests for supply offences of Heroin = 56</p> <p>Recorded Crime Drug Offences</p> <table border="1"> <thead> <tr> <th>2007/8</th> <th>2006/7</th> </tr> </thead> <tbody> <tr> <td>1921</td> <td>1179</td> </tr> </tbody> </table> <p>A rise of 63% in drug related detected crime.</p>	2007/8	2006/7	1921	1179	<ul style="list-style-type: none"> • <i>Subject to the development of New Welsh Assembly Government Substance Misuse Strategy</i>
2006/7	2005/6									
1179	722									
2007/8	2006/7									
1921	1179									

11. Homelessness

Cardiff has developed a Homelessness Strategy as a requirement of the Homelessness Act 2002 and in accordance with the Welsh Assembly Government's National Homelessness Strategy 2006-08. The Cardiff Homelessness Strategy provides a framework for the development of homelessness services in Cardiff and is being reviewed during 2007/08.

The key objective for the strategy is to prevent homelessness by offering good quality, comprehensive advice, ensuring that affordable housing opportunities are maximised to give clients real housing choice and to support them to sustain tenancies in all types of tenure. The Homelessness Strategy has grouped actions under the three main headings of prevention, accommodation and support. The Multi-Agency Homelessness Strategy and Advisory Planning Group reviews these actions with the support of dedicated sub-groups.

Since 2002/03 the numbers of households making enquiries to the Council's homelessness service for assistance has dropped significantly from 3184 to 1533 for 2005/06; although there was sharp increase during the 2006/07 financial year to 2379. This is in part due to the Council proactively raising awareness of the shortage of permanent housing and that the homelessness route to this limiting supply is not the 'easy' option it once was. Homelessness legislation is intended as a safety net and not a system of allocating scarce resources. However, with more and more demands being placed on temporary housing, other services are using the homelessness legislation to provide housing solutions for other vulnerable groups not previously assisted in this way.

Those with dependant children remain the highest priority category of all households presenting for assistance. Women fleeing domestic abuse are the next highest category, closely followed by 16-17 year olds, ex-offenders and those who are pregnant. Parents no longer willing to accommodate young people account for the most reported reason for loss of accommodation followed by loss of existing rented or tied accommodation, as the second most reported reason.

The Council has restructured its frontline homelessness service to be more responsive in addressing the needs of people presenting for assistance. The restructure in 2006 has shown to make the most impact with a range of options aimed at assisting the prevention of homelessness being implemented, which has resulted in the increased numbers making enquiries as identified above. The number of households who have been assessed as being eligible for assistance, unintentionally homelessness and in priority need have remained fairly static since 2002 with 852 positive decisions being made in 2006/07 compared to 971 in 2002/03.

The requirement to place people in temporary accommodation has not lessened and the Council's development of more appropriate temporary accommodation, Adams Court and Nightingale House, came on stream during 2005/06. This has meant that during 2006/07 the use of bed and breakfast establishments was gradually reduced and completely eradicated by August 2006. The length of time spent in all forms of temporary accommodation however has increased over time due to the lack of suitable permanent accommodation available in the household's areas of choice. Steps have been made to address this and again through

rigorous awareness-raising with all the Council's voluntary and statutory partners, other alternatives are being explored all the time, including a number of schemes which lease properties from the private rented sector for longer periods such as five or ten years.

Strategic Aims

1. Improve strategic partnership working to prevent homelessness
2. Widen the issue of homelessness across many agendas
3. Emphasise the role of the wider sector in using resources more effectively
4. Extend common processes across the homelessness sector
5. Prioritise joint working at a regional level
6. Initiate the creation of a corporate Homelessness Prevention Strategy
7. Consider service users' needs as a priority within the strategic process
8. Engender joint responsibility for the continuous evaluation of the Strategy.

The Homelessness Strategy is being rewritten during 2007/08 and will inform the development of the Local Housing Strategy 2007/2012 with clear aims and objectives agreed and prioritised with appropriate performance and outcome measurement systems developed.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current Work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<p>Since August 2006, Cardiff has achieved the aim of eradicating the need to use bed and breakfast accommodation for all homeless households requiring temporary accommodation. The introduction of Nightingale House and Adams Court in the previous year assisted in providing suitable alternatives to bed and breakfast. This WAG requirement has been fully met well in</p>	<p>Improving the co-ordination and management of advice, support and emergency accommodation for all homeless households through the development of a Single Assessment Centre. Ensuring that all partner agencies are involved in the development and are committed to work in partnership to provide a single access point for a range of related services.</p>	<p>Initiation and implementation of the Single Point Homelessness Assessment Centre incorporating the rebuilding of two homeless hostels, a day centre and an assessment centre including the relocation of the Council's Housing Advice Unit. To ensure the engagement of Health, Social Care and other statutory and voluntary partners in the operation of the Centre with dedicated social work, GP and CPN services</p>

advance of its target date of 7/4/2008.		available.
Cadwyn Housing Association, in partnership with the Council, was awarded the UK Housing Award for Excellence in Social Housing in Wales. This award was made in recognition of Cadwyn's innovative Nightingale House, <i>Calonadref</i> and <i>Calonlettings</i> schemes. These projects have greatly assisted the Council to meet the housing needs of many homeless households, in particular families, through acquiring properties from the private sector, leased at reasonable rates.	An invitation was put to all RSL's in Cardiff to tender for a new initiative that will extend the leasing scheme and prove of cost benefit to all concerned. The 'Buy to Let' initiative will allow RSL's to purchase properties which will be let to homeless households for 5-10 years at Housing Benefit levels. This scheme will potentially assist 75 households to establish themselves in suitable housing in the more high demand areas of Cardiff.	Ensuring the ongoing inclusion of direct service user input in strategic developments and plans, and the continued consultation on service delivery. This will be affected by an exercise to map the breadth of existing service user involvement in housing services, to ensure that these methods and outcomes are fed into appropriate strategies, including the Homelessness Strategy and the Health, Social Care and Wellbeing Strategy.
Through Welsh Assembly Government grant funding, Cardiff secured the services of a consultant review the homelessness frontline services provided by the Council. This 'Critical Friend' Review highlighted some very positive elements of existing service delivery, with very little change recommended.	Being more responsive to the needs of people fleeing domestic abuse including the provision of safety measures in their own homes and through the development of 'sanctuary' type schemes. The development of web-based guidance on domestic abuse issues, and raising awareness through partnership working with key agencies across the city.	To undertake a health impact assessment of residents and tenants in all tenures. The impact on health of existing service delivery on those households that are homeless, in housing need or in other forms of unsuitable housing, will be considered.
In partnership with all the Registered Social Landlords, Cardiff developed a tool for assessing the standards of temporary accommodation under the Homelessness (Suitability of Accommodation) (Wales) Order 2006. This matrix tool has been adopted by Cymorth Cymru to be promoted across Wales as best practice.	Undertake an audit of current temporary accommodation in Cardiff to assess existing provision in relation to the Homelessness (Suitability of Accommodation) (Wales) Order 2006. Additionally to review current and future temporary accommodation requirements including the capacity of leasing schemes.	To further strengthen partnership working with the LHB and the Trust, and both Adults and Children's services within the Council, to ensure a more streamlined and focussed approach to service delivery. Additionally to develop a more co-ordinated and strategic response to meeting the holistic needs of homeless and other vulnerable groups in the city.

<p>Obtained agreement from all voluntary and statutory partners to revise the Resettlement Strategy. An allocation of social housing through the resettlement strategy is devoted solely to resettling vulnerable individuals and families from hostels, certain hospitals and supported lodging schemes. This assists the Council in carrying out its statutory duty towards homeless people, and preventing bed blockages in supported accommodation.</p>	<p>Raising awareness of current resettlement options to support workers in supported housing schemes. To produce a range of leaflets and information to inform service users and support workers about services and processes, including developing a dedicated homelessness website for Cardiff: a handbook for people entering private sector tenancies: and an update to the Streetwise+ directory, which lists all services available to homeless people in Cardiff.</p>	<p>To ensure that the revised Homelessness Strategy incorporates and reflects the issues contained within the Local Housing Strategy, for example addressing fuel poverty and implementing the Affordable Warmth Strategy by improving the standards of housing in the city through the licensing of HMO's, enforcement action on empty homes and meeting the Welsh Housing Quality Standard by 2012.</p>
<p>Implementation of a radical restructure within the Housing Advice Unit which has facilitated a more responsive service to the public, working to a clearly defined workflow system. This has allowed the full implementation of a range of preventative measures to be employed.</p>	<p>In response to the growing demands placed on the Homelessness service from 16-17 year olds, it has been agreed to jointly employ a social worker within Children's Services, to ensure that the statutory duties are fulfilled with regards to housing and support for this age group .</p>	<p>To further develop joint-working and partnership measures to assist with the Delayed Transfer of Care from hospital settings and to facilitate appropriate move-on within supported housing schemes.</p>

12. Asylum Seekers and Refugees

Asylum seekers cannot be considered as a homogenous group; for example some are highly educated and some are illiterate. Similarly, their health needs will vary; some will be common to general practice and others will be more complex. The asylum seekers dispersed to Cardiff have originated from more than 50 different countries. This has a considerable impact on the provision of appropriate and acceptable health, social care and educational services that are culturally sensitive and that overcome language and communication barriers (approximately thirty languages are spoken across this diverse group). There may be little or no previous access to health care and no documentation on health issues (immunisations are particularly highlighted, as it is not always possible to know what a child or adult has previously been given). Health might not be the first priority upon arrival – housing, dealing with the asylum claim, security, legal advice and obtaining financial support are more likely to be of concern. However, later on, serious ill health may appear as a pressing concern.

In April 2001 Cardiff Council contracted with the Home Office for the provision of accommodation and support to asylum seekers dispersed under the terms of the 1999 Immigration and Asylum Act. Funding for the scheme comes directly from the Home Office and is paid on an agreed invoice basis. The contract was renewed for a further five years in April 2006.

The Asylum Seeker and Refugee Team provides both the dispersal service for asylum seekers, and works with people with refugee status, supporting those people with positive immigration decisions through the rehousing process and the transition from Home Office support to mainstream services.

Cardiff Council has made significant progress in both the delivery of direct services to asylum seekers and refugees, and the development of its 'enabling' role. In relation to its enabling role, the authority has developed a strategic planning process in conjunction with a range of service providers to meet current and projected needs, and has worked in partnership to enable the practical and implementation of planned service development.

The Council's Asylum Seeker and Refugee Team works closely with colleagues within the Council and from a variety of statutory and voluntary organisations, in order to provide links to other services, to ensure that people's needs are met in the most appropriate way, and to foster social cohesion. In addition to a regular Stakeholders Meeting, where there is representation from all key agencies, there are also a number of sub groups that have been formed to tackle specific issues. The Cardiff Stakeholders Group has an extensive record of recognised good practice development and establishing practical initiatives to combat some of the problems people face.

Along with Newport, Swansea and Wrexham, Cardiff forms an integral part of the Welsh Local Authorities Consortium for Asylum Seekers and Refugees which co-ordinates the development of strategy and delivery of services across Wales. The Executive Steering Group has elected member and officer representation from each local authority area.

Cardiff Council is also represented at the All Wales Refugee Policy Forum, which is a WAG initiative. It is concerned mainly with the issue of social cohesion and helping the successful integration of refugees into Welsh society.

Taking this strategic proactive lead and being involved 'on the ground' has enabled Cardiff Council to maintain an understanding of the issues involved in the development and provision of services to both asylum seekers and refugees, and a strong influence on developments in Cardiff. This is reflected in the fact that local Police "Tension indicators" have revealed no serious issues to consider.

A recent publication by Save the Children titled "Uncertain Futures-Children Seeking Asylum in Wales" (2005) stated: -

"The extent to which multi-agency meetings within and across the dispersal areas are formalised in Wales is testament to how the agencies involved in providing services and support to asylum seekers are dedicated to best practice and continuous improvement of service provision."

Cardiff Health Access Team

In November 2002, the Cardiff Health Access Team (CHAT) was established by Cardiff and Vale NHS Trust. The aim of CHAT was to break down structural and personal barriers to health and empower asylum seekers, refugees, single homeless people and families, gypsies and travellers to access holistic healthcare on an equitable level with the local population. Since January 2007, the arrangements for the services provided within CHAT have changed, following the loss of the Consultant Nurse post for Vulnerable Groups. However, access to Primary Care services for vulnerable groups, including a dedicated team for Asylum Seekers, continue to be provided and supply a route into mainstream health services available locally. The current service provision comprises;

- Part-time dedicated GP
- Nurse practitioner
- Health Visitor
- Language support

The service performs comparably to a mainstream practice, though these services are not provided under the GMS contract.

New Asylum Model (NAM) - Health Screening

Under the terms of the New Asylum Model, from January 2007 Cardiff became an arrival point for new asylum seekers in the UK. Around 150 asylum seekers per month will now arrive in Cardiff, largely without any health screening provision, and remain for up to 28 days prior to dispersal into areas around Wales and the South West of England. The public health consequences of this are considerable in terms of the potential spreading of communicable diseases such as HIV, TB, etc. Under the guidance of the National Public Health Service for Wales, Cardiff Local Health Board has developed a nurse-led screening service for all newly

arrived asylum seekers in Cardiff to operate alongside the primary care clinic at Cardiff Royal Infirmary. Welsh Assembly Government has provided financial support to this service, allowing for the recruitment of additional nursing staff to support the existing asylum seeker team.

Strategic Aims

To promote the health and well being of asylum seekers dispersed to, and refugees who choose to remain in, Cardiff by providing a range of services including:

1. Accommodation and tenancy support
2. Health screening, access to primary care and other mainstream health care services
3. Social care support, helping asylum seekers access mainstream services
4. Dealing with specific incidents of harassment/intimidation/community tension
5. Arranging language support
6. Ensuring access to local schools
7. Building adult education opportunities
8. Providing primary health care services and access to secondary health care where appropriate.

Proposals to address the current gaps in services provided to client groups include:

- Increased procurement of new private sector leased properties to meet the requirements of the Home Office Contract
- Customer satisfaction survey
- Assist with the development of initiatives to provide accommodation for refugees.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
Cardiff was awarded new 5 year Home Office contract through competitive tendering process.	Continuing to provide good quality accommodation and support to asylum seekers under the terms of the contract.	To continue to provide a flexible and responsive service in line with the requirements of the Home Office.

Achievements 2006-2007	Current work 2007-2008	Objectives to be rolled forward to the next HSCWB Strategy 2008-2011
Successful implementation of new contractual arrangements.	Temporary Accommodation Condition Analysis.	To continue to contribute to developments within a multi-agency framework.
Successful management of change, i.e., service restructure and implementation of new systems.	Increased procurement of new private sector leased properties.	
Development of new areas of service i.e. provision of services to failed asylum seekers, management of 225 Homelessness Temporary Accommodation properties, provision of property to Cardiff Leaving Care for Unaccompanied Asylum Seeking Children.	Customer satisfaction survey.	
Successful BSI Inspection	Introduction of new lease for private sector properties.	
	Contribute to the development of accommodation for people with refugee status/ leave to remain.	
Continuity of health service provision for asylum seekers in Cardiff, providing access to primary care and pathways into mainstream health services	Implementation of new health screening service for asylum seekers arriving in Cardiff under the New Asylum Model (NAM), in addition to current services	To maintain service continuity and address requirements for service development based on service demand
	Remodelling of service provision in line with the funding allocation from Welsh Assembly Government	To monitor effectiveness of the new health screening service in terms of public health guidelines and advice.

13. Sexual Health

The Welsh Assembly Government's Sexual Health Strategy (2000) was one of the measures arising from the *Better Health – Better Wales* Strategic Framework, in response to concerns about the high rates of teenage pregnancy and sexually transmitted infections in Wales.

Strategic Aims

1. To improve the sexual health of the population of Wales
2. To narrow inequalities in sexual health
3. To enhance the general health and emotional well-being of the population by enabling and supporting fulfilling sexual relationships.

The objectives for the action plan to fulfil the aims of the strategy are as follows:

- Ensure that all young people receive effective education about sex and relationships as part of their personal and social development
- Ensure that all sexually active people have access to good quality sexual health advice and services
- Reduce rates of teenage pregnancy
- Reduce incidence and prevalence of sexually transmitted infections (STIs)
- Promote a more supportive environment, which encourages openness, knowledge and understanding about sexual issues and fosters good sexual health
- Strengthen monitoring, surveillance and research to support future planning of sexual health services and interventions.

The health sector is the major statutory sector provider of sexual health services in Cardiff with limited local authority provision. The sole voluntary sector provider of sexual health services in Cardiff is Terrence Higgins Trust Cymru, which is an HIV and sexual health charity that provides education, support, advocacy and campaigns for HIV vulnerable populations and people living with HIV.

Cardiff and Vale NHS Trust contraceptive (family planning) services are provided in a range of contraceptive clinics. There are several clinics that specifically target young people. In addition to specialist provision certain contraceptive services, such as contraceptive advice and prescription, pregnancy testing, emergency hormonal contraception and STI advice are also provided by GP Practices, although provision may differ across practices. Sexual health information, condoms and referral to primary care and specialist services are provided through trained workers in statutory and voluntary youth settings, organisations working with vulnerable young people, partnership projects such as the Bee Healthy initiative and Coleg Glan Hafren (Condom-card scheme).

Cardiff and Vale NHS Trust Sexually Transmitted Infection services are currently provided in the Genito-urinary Medicine (GUM) clinic in Cardiff Royal Infirmary. There are also facilities and staff to provide support to HIV and AIDS patients. Cardiff and Vale NHS Trust is commissioned to provide terminations of pregnancy services up to and including 15 weeks of pregnancy. Beyond 15 weeks, patients are referred to the British Pregnancy Advisory Service. Specialist inpatient sexual health services are provided at the University Hospital of Wales, primarily for patients with HIV/AIDS.

The majority of actions taken forward in the sexual health agenda this year are focused on young people and progressed through the Young People's Sexual Health Task Group which reports to the Children and Young People's Framework Partnership.

The following table provides a report on progress made against the planned objectives and highlights some of the main activities currently being worked on:

Achievements 2006-2007	Current work 2007-2008	Outstanding objectives to be rolled forward to the next HSCWB Strategy 2008-2011
<ul style="list-style-type: none"> • Sexual Health Joint Planning process re-established • Independent review of local GUM services undertaken by The Royal College of Physicians • World Aids Day campaign supported • C-card scheme implemented with young people and c-card assessors via 2 under 18's club nights • C-card scheme extended to include Coleg Glan Hafren, Housing Associations and homeless hostels, 18 new assessors trained, 21 assessment points. 9,934 condoms distributed • Support provided to 18 teachers to deliver quality SRE in schools • Training delivered to 12 secondary school PSE coordinators on dealing with sensitive issues, 10 contraceptive 	<ul style="list-style-type: none"> • Revise the needs assessment for sexual health • Implementation of the integrated sexual health service during 2007-2009 • Implement, monitor and review action plan • Develop a sexual health strategy to integrate the prevention and service delivery elements of sexual health. • Map the care pathway for access to sexual health services • Implement initiatives including, sexual health campaigns, awareness raising events, the C-card scheme • Undertake an evaluation of young people's sexual health services • Support provision of quality SRE in primary and secondary schools and disseminate WAG SRE (SENSE) 	<p>To continue the Sexual Health Joint Planning group</p> <p>Review sexual health services provision in line with Quality Requirements for Sexual Health Services in Wales</p> <p>To implement the integrated sexual health service</p> <p>To deliver, monitor and review the sexual health strategy and action plan</p> <p>To strengthen the monitoring, surveillance and research to support future planning of sexual health services and interventions.</p>

<p>kits distributed</p> <ul style="list-style-type: none"> • Speakeasy courses delivered by fpa funded by Big Lottery Fund to support parents and carers to talk to children about sex, relationships and growing up • Research undertaken by Streetlife project and funding secured for young people's support worker • Research study on how young people access information and advice on sex and relationships completed, dissemination event held and papers written and published. Research undertaken into needs of LGBTQ young people . 	<p>teaching resource to teachers</p> <ul style="list-style-type: none"> • Develop Streetlife project to provide support to sex workers • Develop and deliver quality multi-agency sexual health training • Continue to deliver fpa Speakeasy project, including training for parent support workers to deliver the course • Submit Big Lottery funding proposal for support project for Lesbian, Gay, Bisexual, transgender, questioning young people . 	
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