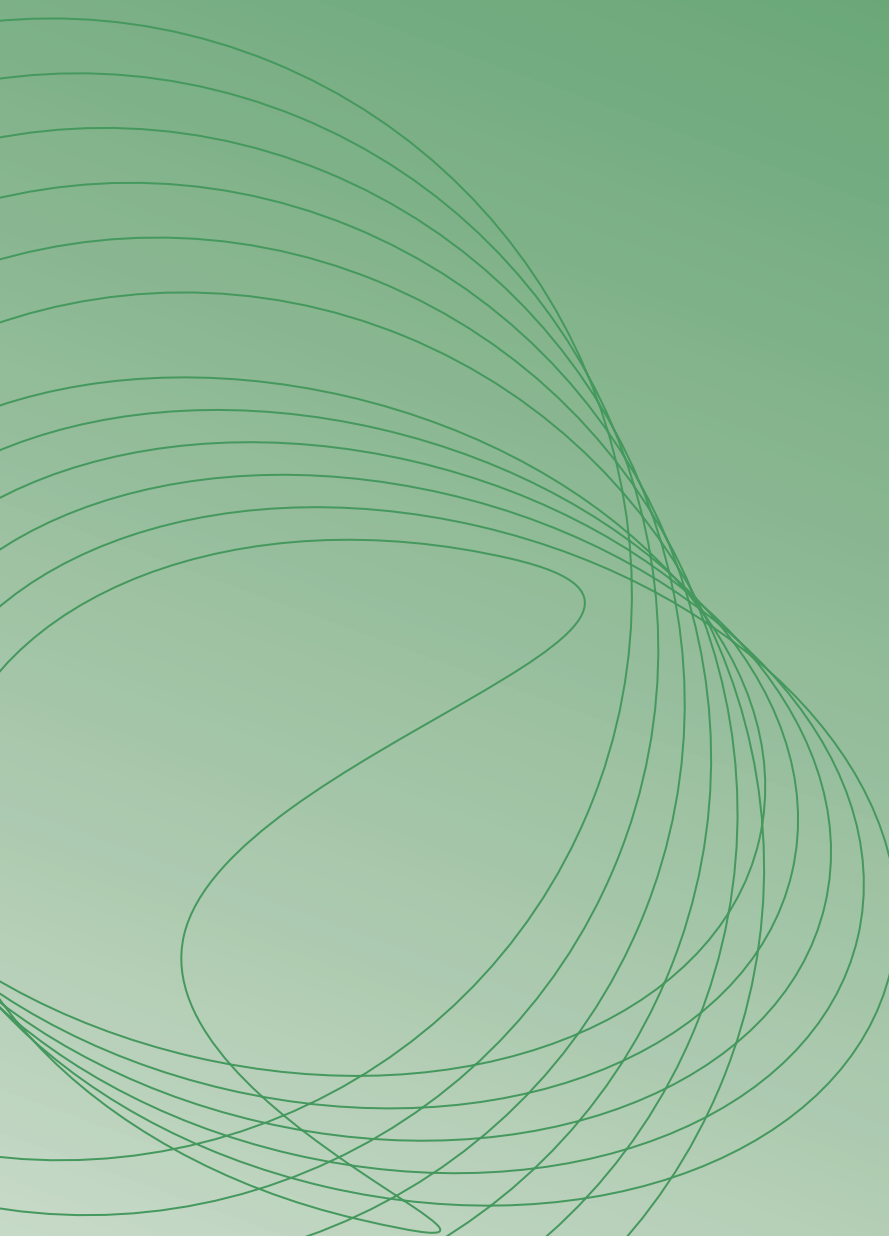


Working Towards a Healthy City



Cardiff Health, Social Care and Well Being Strategy 2008-2011



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This Strategy and Summary documents are also available on the following web sites:

Cardiff Health Alliance www.cardiffhealthalliance.org
Cardiff Council www.cardiff.gov.uk
Cardiff Local Health Board www.cardiffllhb.wales.nhs.uk
Voluntary Action Cardiff www.vacardiff.org.uk

Cardiff has developed as an ambitious and vibrant Capital City of Wales and now faces an exciting new agenda of partnership working. The Local Service Board is committed to achieving a high quality of life for local residents and communities and recognises that health and well being are fundamental elements of this aspiration.

'Cardiff - working towards a healthy city' is the second Health, Social Care and Well Being Strategy for Cardiff and outlines the plans to bring health improvement to citizens and reduce health inequalities in the city. As with its predecessor 'Meeting the Challenge', it is very much a partnership approach to improving the health of the local population.

Cardiff Council and Cardiff Local Health Board (LHB) are continually working to develop better health, social care and well being for residents by providing the right treatment at the right time in the right place and this vital work has continued during 2007-2008 with the development of the second Health, Social Care and Well Being Strategy for 2008-2011. This three year plan describes the strategic vision and direction for the Council and LHB and builds on the real progress already made. It aims to ensure that residents of Cardiff are able to enjoy a healthy, active and long life, with prompt access to appropriate health and social care services when needed, by:

- keeping people fit and healthy by promoting factors that can help develop and maintain a healthy lifestyle
- tackling areas of deprivation and social inequality
- improving access to health services to ensure

everyone in Cardiff can receive an equitable level of care

- helping people to live independently in their own homes for as long as possible
- developing new services in community settings
- providing continuity of care by working in partnership with organisations
- reducing admittance to hospital where feasible by providing the most appropriate treatment as close to home as possible
- developing and strengthening services to help support vulnerable children.

The Cardiff Health Alliance provides a strong partnership framework and the Strategy outlines the key challenges and priorities and how the relevant organisations, working together, plan to address them. The priorities have been developed using the findings of a health needs assessment and through the involvement of key stakeholders including the Council, LHB, Cardiff and Vale NHS Trust, Voluntary Action Cardiff and the voluntary sector. It also takes into consideration priorities identified by the Welsh Assembly Government.

The draft Health, Social Care and Well Being Strategy has been subject to a 12 week public consultation. This provided the opportunity to engage with a wide range of professionals, service users, carers and the public to discuss the proposals. Feedback has been invaluable and the Strategy has been amended to reflect consultation responses where possible and other comments will be considered during the lifetime of the Strategy. The consultation responses have enabled us to ensure that this Strategy will meet the needs of Cardiff citizens and help the development of Cardiff as a 'healthy city.'



Councillor John Dixon
Executive Member
Health, Social Care and Well Being
Cardiff Council
Chair
Cardiff Health Alliance



Fiona Peel
Chair
Cardiff Local Health Board

Vice Chair
Cardiff Health Alliance



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Introduction - Health, Social Care and Well Being Strategy

Health, social care and well being are key factors that impact on the city, the community and individuals. Cardiff is a thriving, developing city and its aim is to become a world class quality of life city.

Proud Capital: The Cardiff Community Strategy 2007-17 outlines the Cardiff common agenda to enhance the quality of life for local communities. The Health, Social Care and Well Being Strategy, 'Cardiff, working towards a healthy city' provides the vision and approach to health, social care and well being services over the next three years.

The Strategy development has been guided by the Health, Social Care and Well Being Strategies (Wales) (Amendment) Regulations and Guidance (2007).

Through local partnership working, the aim of the Strategy is to significantly improve the health and well being of the citizens of Cardiff and to deliver high quality, citizen focused services.

The Strategy aims to interpret the developing agenda in relation to health, social care and well being and focuses on the wide range of client groups, considering the variance in need and services required. The Strategy cannot describe all that will need to be achieved during the period, but describes the direction of travel between 2008 and 2011 and beyond. Consequently, it does not set out the detail of every related service but provides the overall vision and commitments that will help shape the more detailed Implementation Plans, which will support the Strategy's proposals.



City Hall, Cardiff