

HEALTHY AGEING: PROMOTING THE HEALTH AND WELL BEING OF OLDER PEOPLE IN CARDIFF

TERMS OF REFERENCE

Purpose

The aim of the Healthy Ageing Planning Group is to promote health and well being initiatives that will enhance the quality of life of people aged 50+ in the city. The work of the group both operationally and strategically is grounded in the Strategy for Older People in Wales¹ and the National Service Framework for Older People². As such 'Ageing Well' reflects the United Nations principles for older people, that is, to tackle age discrimination, promote positive images of ageing and be a forum through which older people can have a voice in the community¹.

Key functions of the group

- The group will be a network of support and information for any individuals or groups interested in promoting the health and well being of people aged 50+.
- The group will be a reference group for Age Concern's 'Ageing Well' team.
- The group will support and be supported by the Advisory Planning Group (APG) for Older People and Cardiff Health Alliance, presenting views and recommendations that will contribute to the planning of future services.
- The group will work to develop, co-ordinate and facilitate activities that link to strategic and operational agendas.
- The group will develop an 'Ageing Well' action plan which will be reviewed on an annual basis.
- The group will meet 4-6 times a year as agreed by members, establishing small sub-groups/tasks and finish groups as required.

Key partners of the group

- Any individual or group who have a commitment to promoting the health and well being of older people.
- Cardiff Health Alliance, Advisory Planning Group for Older People.
- Age Concern (Cardiff and the Vale of Glamorgan).
- Cardiff Local Health Board/NPHS.
- Cardiff and Vale of Glamorgan NHS Trust.
- Cardiff Council (Strategy for Older People co-ordinator).
- Voluntary sector.

References

1. WELSH ASSEMBLY GOVERNMENT (2003) The Strategy for Older People in Wales. Cardiff, Welsh Assembly Government.
2. DEPARTMENT OF HEALTH (2001) National Service Framework for Older People: Modern Standards and Service Models. London, Department of Health.