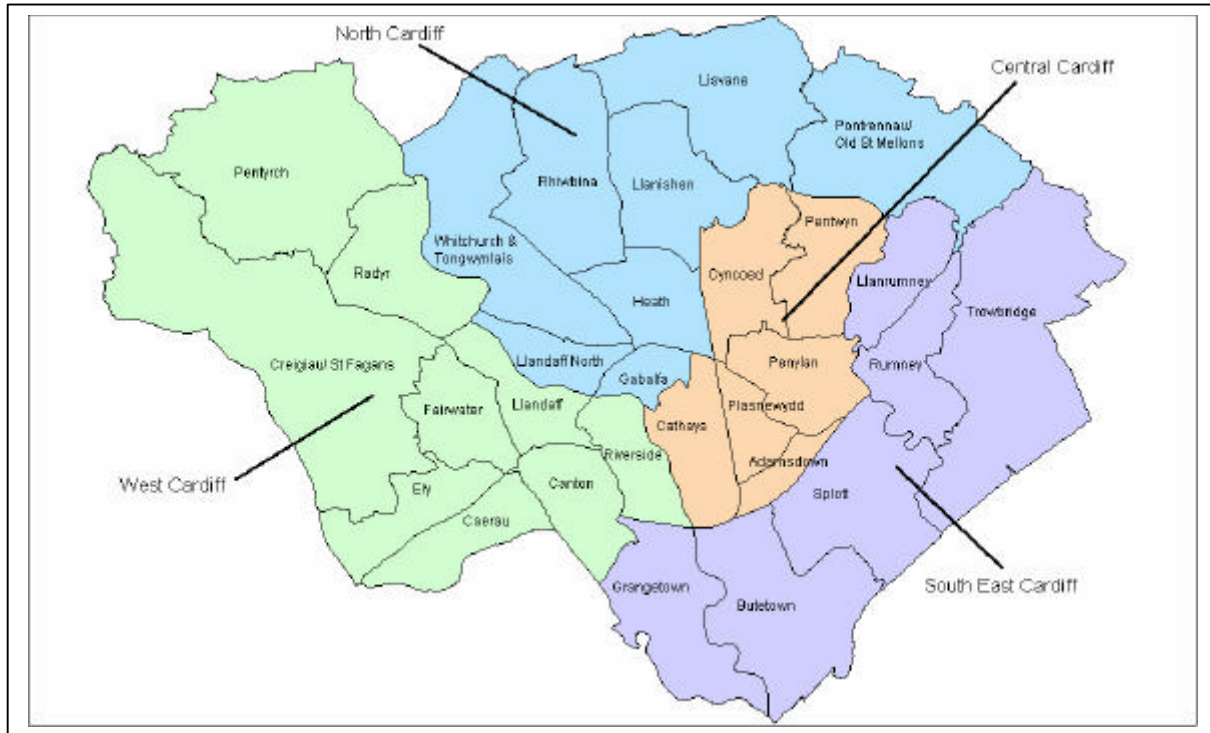


## CENTRAL CARDIFF

### Locality Information

Map 1 below shows all the locality boundaries in Cardiff.

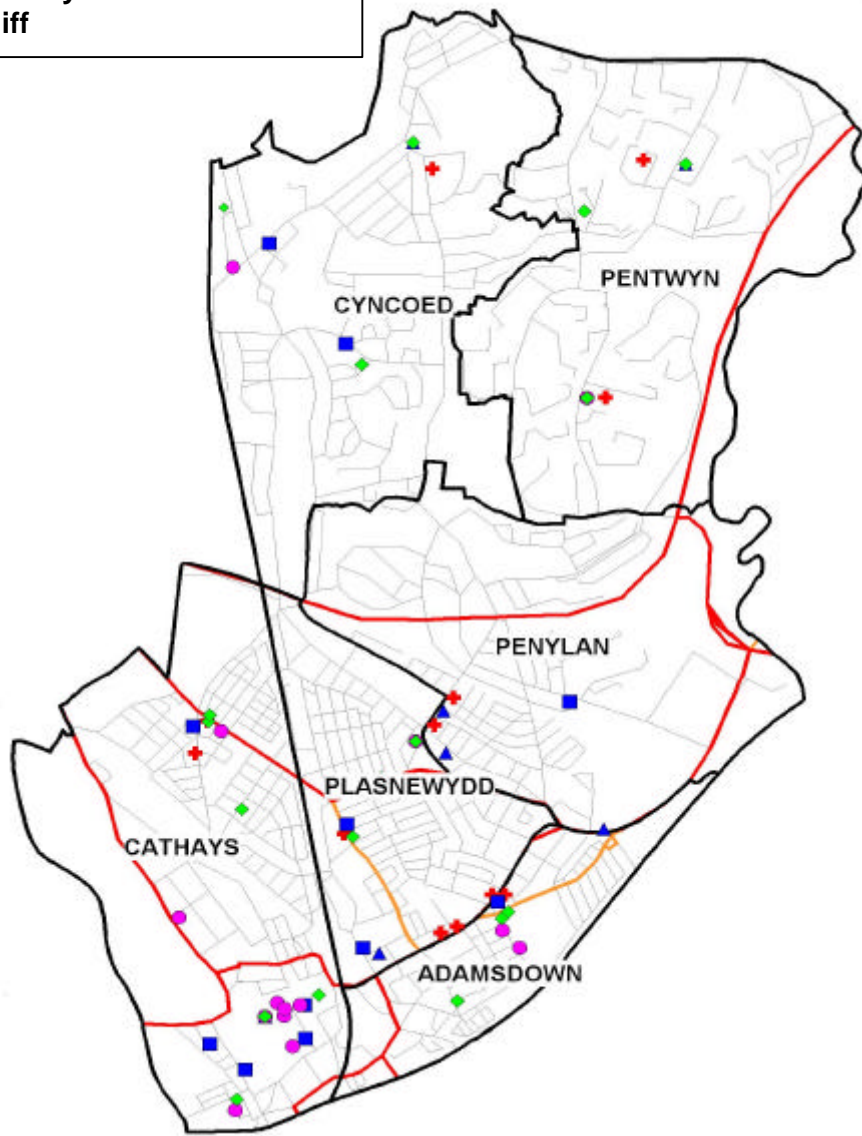


### Provision of Services

Central Cardiff is served by the following Primary Care services:

Central	Number
General Medical Practices	13
General Dental Practices	20
Opticians/Optometrists	15
Pharmacists/Community Pharmacists	20

**Map of all Primary Care services in Central Cardiff**



KEY	Map Symbol
General Medical Practices	⋈
General Dental Practices	4
Opticians/Optometrists	2
Pharmacists/Community Pharmacists	▽

The map above shows the distribution of Primary Care services in Central Cardiff. There are clusters of services in Pen-y-Lan, Cathays and Adamsdown that correspond to local retail centres. In the city centre there are clusters of High Street Opticians and Pharmacists.

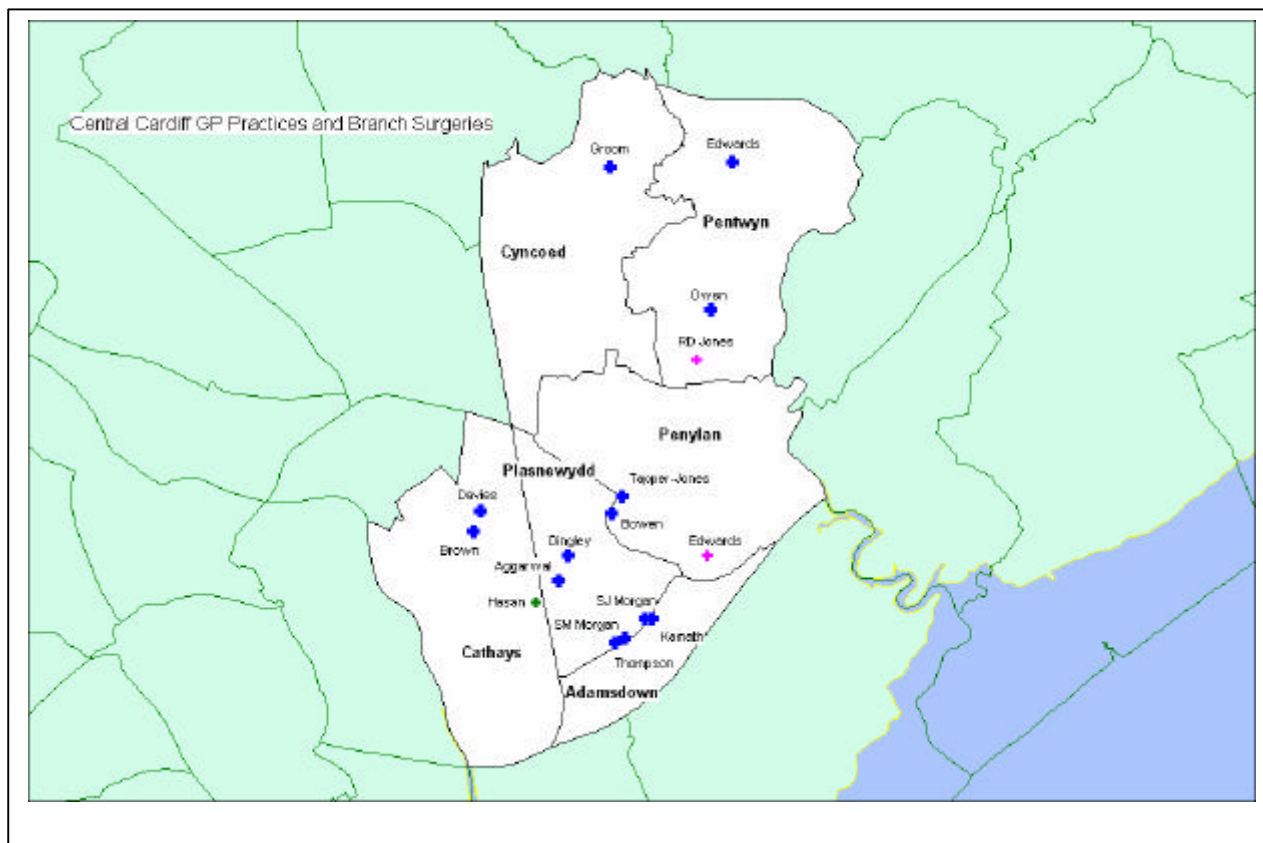
**General Medical Services**

**Infrastructure**

Many doctors have more than one surgery for delivering primary care services, some are classified as main surgeries and others are classified as branch surgeries. Main surgeries offer the full range of services provided a practice and are open for the full contracted hours, branch surgeries generally offer a more limited range of services and have limited opening hours. There are 13 General Medical Practices in Central Cardiff. There are 12 main surgeries and 2 branch surgeries in the central locality. The two branch surgeries have their main surgeries in South East Cardiff. Map Central 1 shows the distribution of General Medical premises in Central Cardiff. There is one Health Centre in Central Cardiff and no practices share the same building.

**Map Central 1**

Distribution of General Practices and branch surgeries in Central Cardiff



There are 91,353 patients registered with practices in Central Cardiff, the average list size is 1,903 compared to the Cardiff average of 1,873.

**ICT**

13/13 practices in Central Cardiff have signed up to the ICT Foundation Programme. Practices signed up to the Programme are working towards becoming computerised, this involves training staff and installing up to date computer systems.

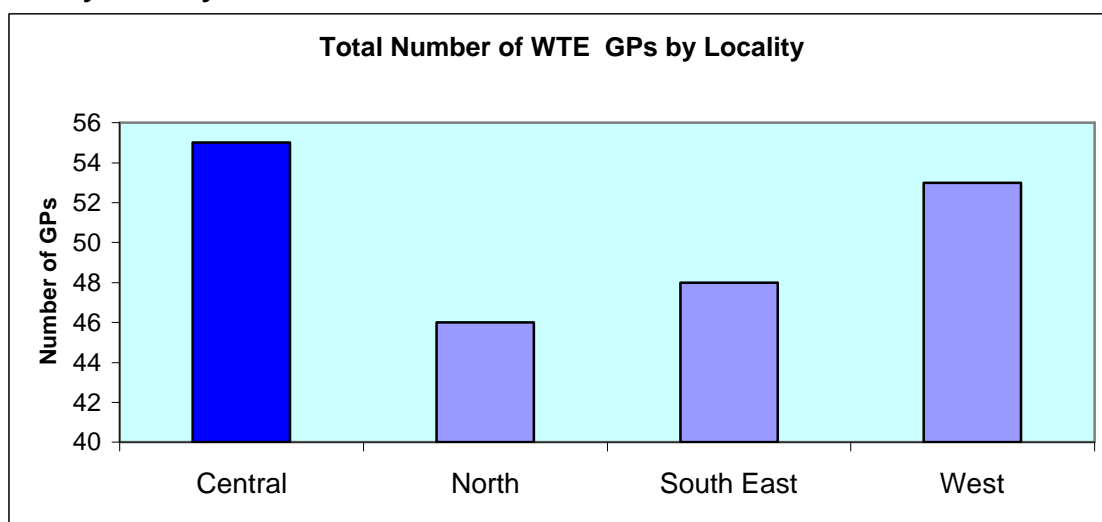
**Estates**

Welsh Health Estates undertook an Estates Audit of all Primary Care premises in June 2002. Compliance with the requirements of the DDA will cost £270,397, the cost for Cardiff as a whole is £664,323 and therefore Central Cardiff will account for 41% of cost. Over all, the condition of Central Cardiff premises is lower than the rest of Cardiff. 6/13 practices were classified as acceptable.

**Work Force**

At time of writing there are 202 General Practitioners with a WTE (Whole Time Equivalent) of 180.5 operating in Cardiff, 26% (53) are based in Cardiff Central (see graph below). The WTE of GPs practising in Central Cardiff is 48.

**GPs by Locality**



The doctor to patient ratio in Central Cardiff is 1:1683 compared to a Cardiff average of 1:1797.

**Female GPs**

Female GPs make up 44% (21) of doctors in Central Cardiff compared to the Cardiff average of 40%

**GPs facing retirement age**

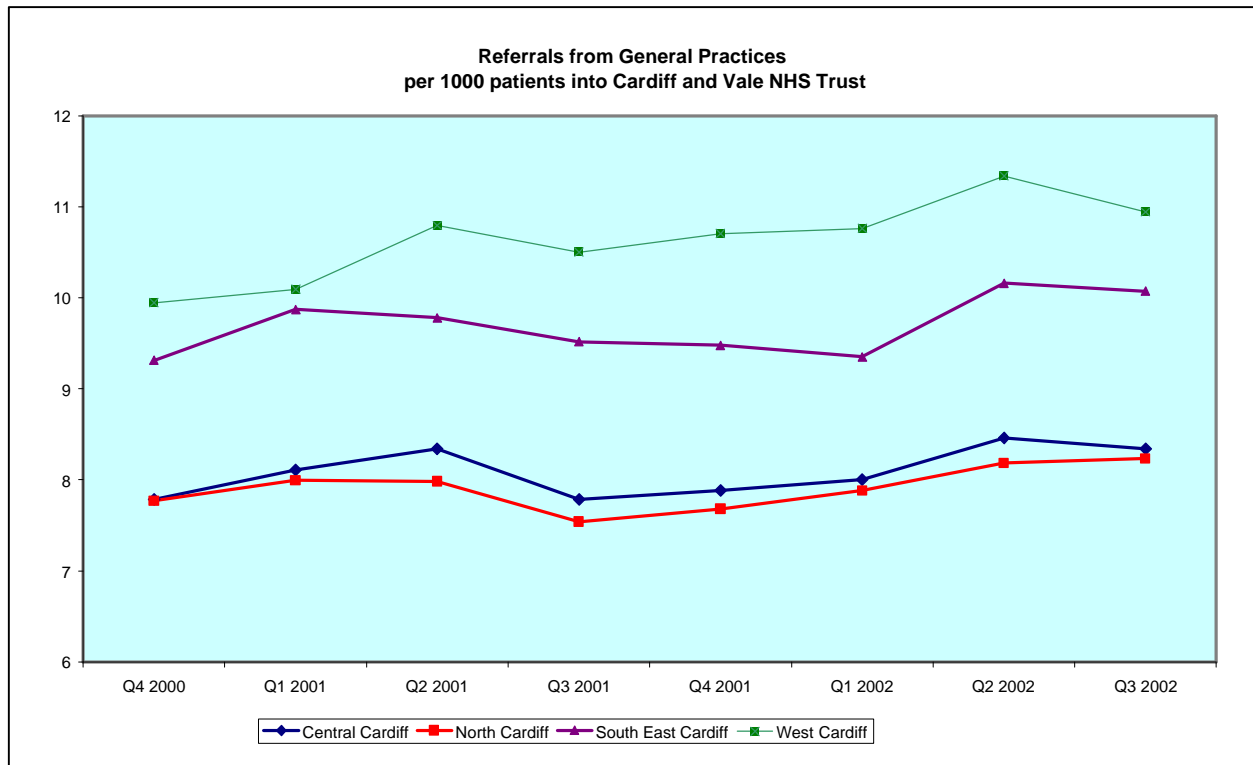
The average age of GPs is 43 years compared to a Cardiff average of 45 years. 9% (5) of the GPs in the Central will be facing retirement age in the next ten years, of these none are single-handed practices.

**Prescribing Indicator Score**

Prescribing Indicators are measurements that are used to show how prescribing performance for a Local Health Board or practice might compare with other bodies, national averages or themselves over time. Prescribing indicators should not be seen as definitive or be used in isolation but rather as a starting point for reviewing progress. The average prescribing indicator score for Central Cardiff (July 2003) is 22 compared to a Cardiff average of 23, and an all Wales score of 11.

**Referrals**

The referral rates per 1000 population are generally lower in Central Cardiff than the rest of Cardiff and are presented in the graph below.



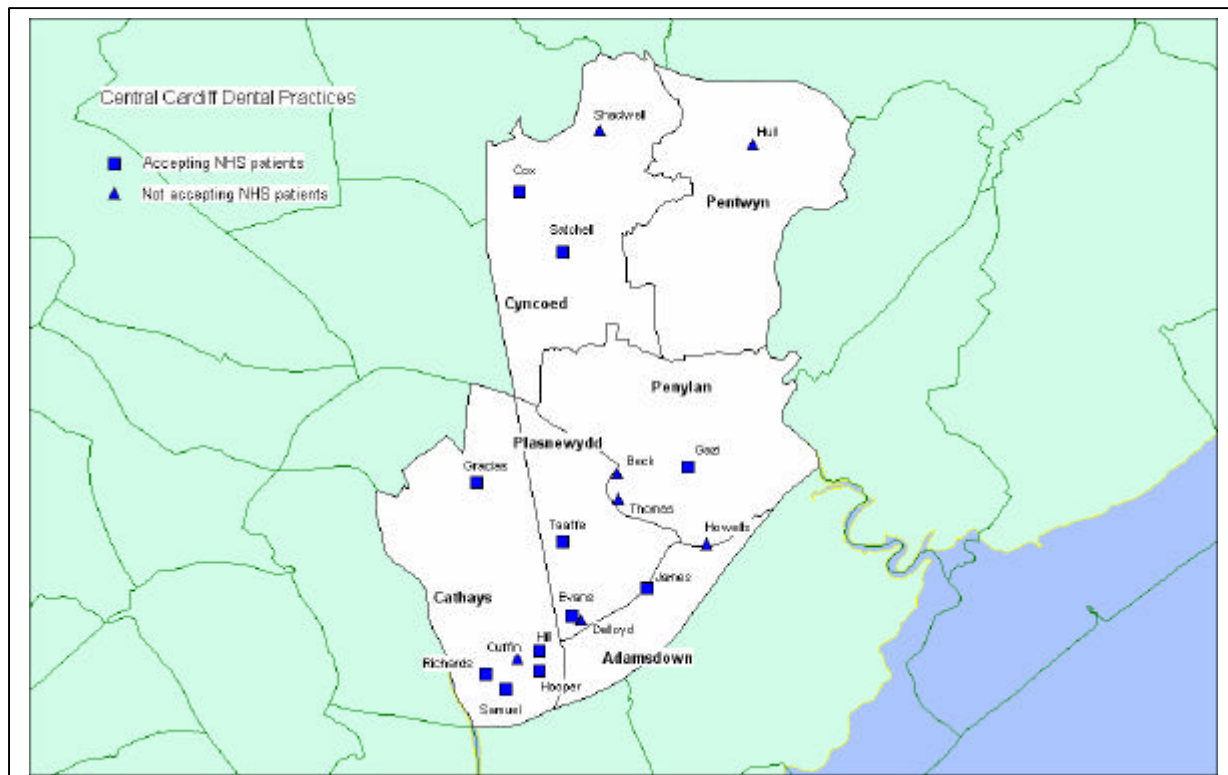
**General Dental Services**

**Service Provision**

There are 67 dental practices in Cardiff, of these, 31% (21) are in Central Cardiff. Map Central 2 shows the distribution of NHS and Non NHS dental practices in Central Cardiff. 33% (7) practices do not accept NHS patients, this is compared to 42% of dental practices in the rest of Cardiff.

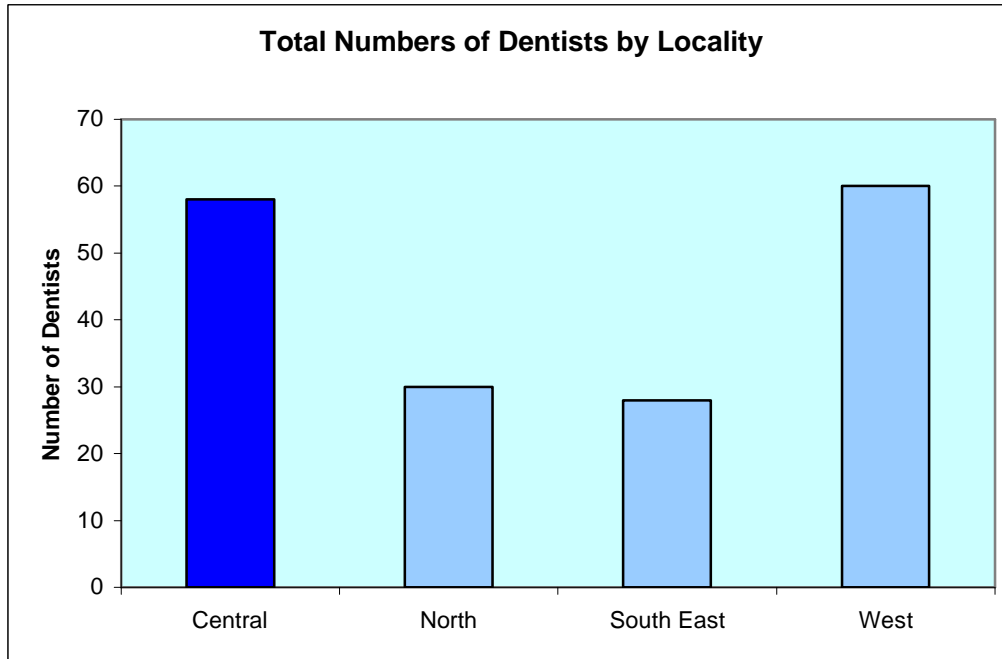
**Map Central 2.**

Distribution of Dental Practices in Central Cardiff



There are 65,853 patients registered with dental practices in Central Cardiff, this accounts for 40% of the total registered population in Cardiff. Research undertaken in 1999 indicated that approximately 53% of people in the former Bro Taf Health Authority (Bro Taf Health Authority, August 1999) attend a dentist in the same postal district in which they reside. The average list size/patients per dental practice is 3,318 compared to the Cardiff average of 2,435.

There are 176 dentists operating in Cardiff, 34% (58) are based in Cardiff Central (see graph below).



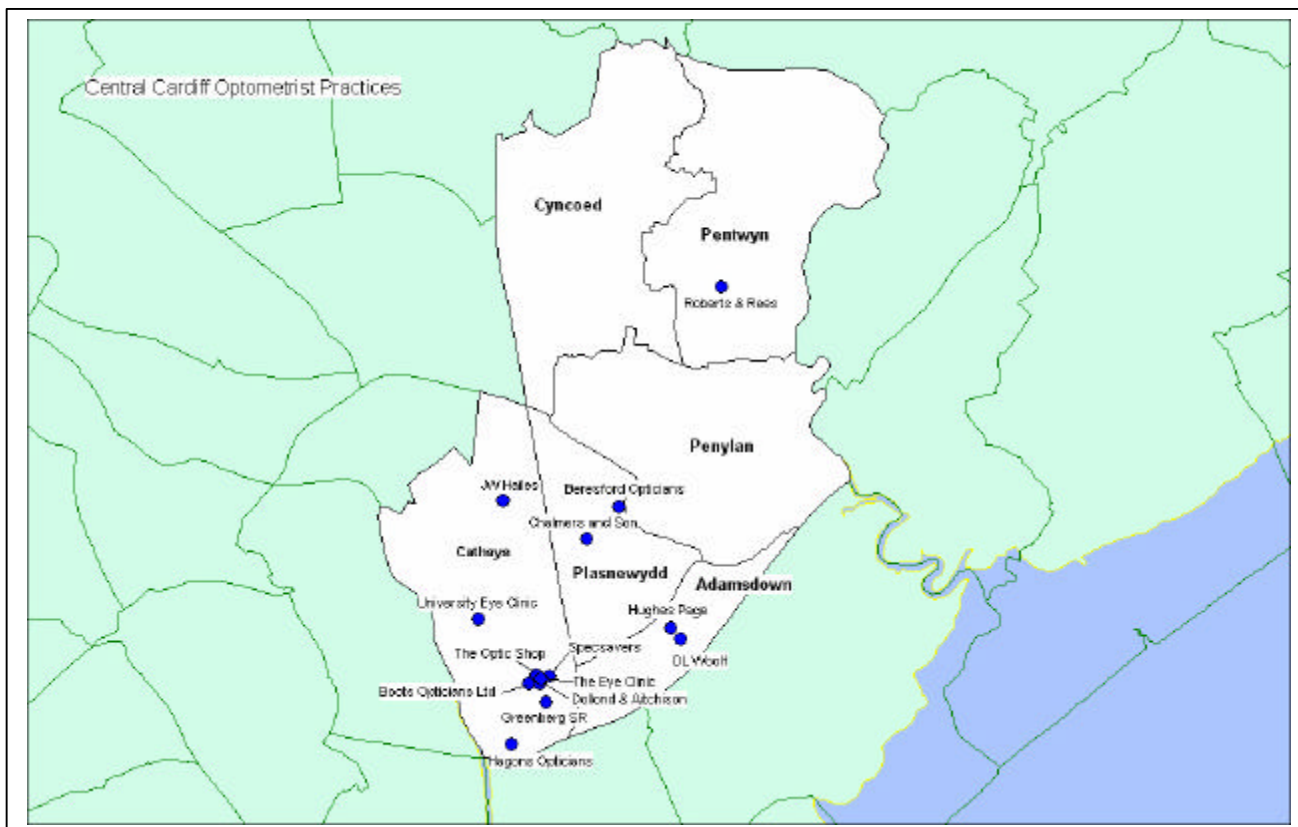
On average there are 2.7 dentists per dental practice in Central Cardiff, compared to the Cardiff average of 2.8.

There are 5 training practices in Cardiff, 3 of which are in Central Cardiff.

**Opticians**

There are 46 optometrist practices in Cardiff, 33% (15) are in Central Cardiff. Map Central 3 shows the distribution of Optometrists in Central Cardiff.

**Map Central 3**



149 Optometrists and Dispensing Opticians based in the 15 Optical practices in Central Cardiff.

There are six singled handed Optometrists based in Central Cardiff

<b>Optician</b>	<b>Number of Staff</b>
CITY ROAD OPTOMETRIST	1
D L WOOLF	1
DOLLOND & AITCHISON	1
GALAXY OPTICAL SERVICES LTD	1
HUGHES PAGE	1
SPECS FOR LESS	1
NIPPERS OPTICIANS	2
BERESFORD OPTICIANS	3
HAILES J W	4
ROBERTS R N OPTOMETRIST	4
ROBERTS & REES	5
THE EYE CLINIC	5
HAGONS OPTICIANS	6
CHALMERS & SON	10

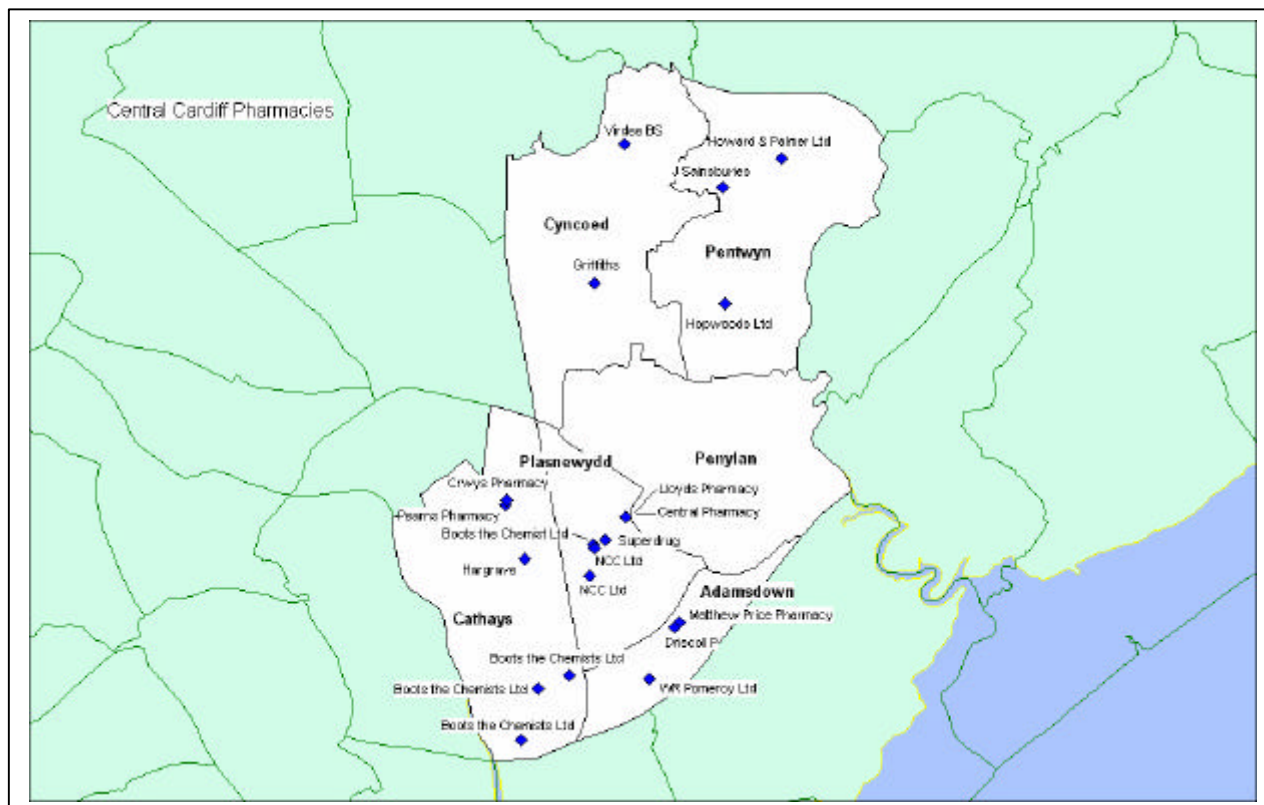
BOOTS OPTICIANS LTD	11
SPECSAVERS OPTICIANS	15
THE OPTIC SHOP	15
GREENBERG S R	20
CARDIFF UNIVERSITY EYE CLINIC	43

Patients do not register with optometry practices and therefore there are no list sizes. Of the 15 opticians in Central Cardiff 60% (9) are certified to refer patients via the PEARS referral scheme. Patients with eye problems present at their GP first, however most GP surgeries are not equipped to undertake detailed eye examinations, however the majority of optometrists have a range of equipment to facilitate detailed examination of the eye as well as the specialist skills and knowledge. The PEARS scheme allows GPs to refer patients directly to optometrists where optometrists then take over their care.

**Pharmacies**

There are 20 pharmacies in Central Cardiff, accounting for 26% of all pharmacies in Cardiff. The map below outlines the pharmacies in Central Cardiff, the pharmacies are far more evenly spread than the other contractors and correspond to local shopping areas including Supermarkets.

**Map Central 4**



All pharmacies in Cardiff maintain computerised patient medication records of the drugs that they regularly dispense to patients. Community pharmacists are involved in dispensing NHS prescriptions as well as additional services which in Central Cardiff include:

- Out of hours pharmacy for the whole of Cardiff is provided by the in store pharmacy at Tesco Extra on Western Avenue in North Cardiff.
- 2 pharmacies provide needle exchange and syringe exchange schemes
- 5 practices supply methadone on behalf of the LHB (Business Service Centre)
- 14 pharmacies supply Oxygen
- 2 pharmacists based in Central Cardiff provide advice to residential and nursing homes